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Review article

AN OVERVIEW ON ROLE OF PHOSPHORUS ON GROWTH, YIELD AND QUALITY OF SUNFLOWER (*HELIANTHUS ANNUS L.*)

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Sunflower is an important oilseed crop in India earning lot of revenue. Research on nutritional aspects relating to sunflower cultivation is abundant and is documented comprehensively. However, the role of major nutrients on crop physiology and the effect of these nutrients on growth and yield of oilseed crops in general and sunflower in particular are scanty. Particularly, the role of phosphorus nutrition in alleviating the yield and its attributes, enhancing the quality and quantity of oil production is important. Coupled with the phosphorus uptake in sunflower is also an important aspect for reaping the benefits of phosphorus absorption. It is precisely at this juncture, research on phosphorus nutrition in sunflower and its effect on growth, yield and quality parameters of its oil gains significance. The literature pertaining to these lines of research in sunflower is presented in an elaborative way and is reviewed in this chapter.

1. ROLE OF PHOSPHORUS IN PLANT GROWTH AND DEVELOPMENT

Phosphorus is vital for plant growth and is found in every living plant cell. It is involved in several key plant functions including energy transfer, photosynthesis, transformation of sugars and starches, and nutrient movement within the plant. When P is limiting, the most striking effects are reduction in leaf expansion and leaf surface area, as well as the number of leaves. Shoot growth is more affected than the root growth; nevertheless, root growth is also reduced by inadequate P, leading to less roots mass to reach water and nutrients. Generally, inadequate P slows down the process of carbohydrate utilization, while carbohydrate production through photosynthesis continues.

The amounts of P taken up by different oilseeds to produce 1 tonne of seed were much higher than those for cereals as rice and sorghum, as well as pulses such as chickpea and pigeonpea (Tandon, 1987).

Phosphorus nutrition

Crop growth

Plant Height

Phosphorus application to sunflower has been shown to have positive effect on plant height. Increase in plant height was found to be significant up to 50 kg P₂O₅ ha⁻¹ according to Gaur *et al* (1973). Likewise, significant improvement in plant height in response to P application was also reported by several workers as follows.

Significant Response	Authors
Up to 60 Kg P ₂ O ₅ ha ⁻¹	Kene <i>et al.</i> (1992); Mishra <i>et al</i> (1994); Kumar <i>et al.</i> (1995)
Up to 80 kg P ₂ O ₅ ha ⁻¹	Shanthamallaiah <i>et al.</i> (1977); Dhaka and Agrawal (1981); Chaniara <i>et al.</i> (1989); Tomar <i>et al</i> (1997)
Up to 90 kg P ₂ O ₅ ha ⁻¹	Misra and Sen (1986)
Up to 112.5 kg P ₂ O ₅ ha ⁻¹	Prabhuraj <i>et al</i> (1993); Shivaprasad and Sheelavantar (1996)
Up to 150 kg P ₂ O ₅ ha ⁻¹	Raju and Verma (1981)

The increased plant height was attributed to increased rate of physiological process and to root penetration and proliferation. On the other hand, Singhi and Pacheria (1981) reported that plant height of sunflower was not significantly influenced by phosphorus application.

Leaf Area

Following seed germination and seedling emergence, sunflower typically initiates and expands maximum number of leaves during a period which may range from 44–60 days (Unger, 1983). Development of adequate leaf area necessary for interception and utilization of incident radiation is important and has been shown to be closely related to final grain yield (Rawson and Tuner, 1982a and 1982b). The total photosynthetic area was significantly increased by application of phosphorus (Gaur *et al.*, 1973). Increase in LAI was significant in sunflower at 20 DAS, flowering and at harvest by application of phosphorus up to 30 kg P₂O₅ ha⁻¹, and further increase in P level resulted in inconsistent increase in LAI (Varghese *et al.*, 1976). Similarly, Somasundaram and Iruthayaraj (1979) and Sarmah *et al* (1992) observed significant influence of graded P levels of LAI.

Significant responses in terms of LAI to P application up to 60 kg/ha were also reported by Mishra *et al* (1994) at 60 DAS; Bhowmick *et al.* (1994) up to 40 kg P₂O₅ ha⁻¹. Kandalkar *et al* (1991); Tomar *et al* (1997) and Singh and Singh (1997) up to 80 kg P₂O₅ ha⁻¹; Reddy and Mohammed (2000) up to 120 kg P₂O₅ ha⁻¹. On the other hand, Chaudhari and Paturde (1981) and Chaniara *et al* (1989) reported that LAI was insensitive to phosphorus application.

Stem girth

Phosphorus application @ 60 kg P₂O₅ ha⁻¹ significantly increased the stem girth over control (Kumar *et al.*, 1995; and Kathuria *et al.*, 1996). Likewise Shiva Prasad and Sheelavantar (1996) observed that application of 125 kg P₂O₅ ha⁻¹ caused significant increase in stem girth of sunflower. Contrary to the above Singhi and Pacheria (1981) noticed no positive influence of P fertilization on stem girth of sunflower.

Dry matter production

Dry matter accumulation in sunflower is a result of leaf and stem growth during vegetative phase, and a combination of capitulum and seed development concurred with shifts in leaf mass during reproductive phase (Andhale and Kalbhor, 1978).

Gangawar and Parameshwaran (1976) observed enhancement in total photosynthetic area with increasing levels of phosphorus which ultimately produced higher dry matter. In the experiments of Adisheshaiah *et al* (1978) dry matter production was not significantly influence by phosphorus application in the first year trial, but was significantly influenced in the second year trial with application of 45 kg P₂O₅ ha⁻¹. Whereas Mishra *et al* (1995) found response to applied P only up to 40 kg P₂O₅ ha⁻¹. Likewise, others reported that significant increase in shoot dry matter was registered by increasing P levels up to 60 kg P₂O₅ ha⁻¹ (Misra and Sen, 1986; Shelke *et al.*, 1988; Reddy and Reddy, 1975; Kumar *et al.*, 1995; Mishra *et al.*, 1995) and up to 80 kg P₂O₅ ha⁻¹ (Pal, 1979; Reddy *et al.*, 1997).

Contrary to the above, dry matter production of sunflower was not influenced significantly due to phosphorus fertilization (Khokani *et al.*, 1993).

Phosphorus nutrition in sunflower on yield attributes

Head Diameter

Significant increase in the head diameter was reported by Gaur *et al.* (1973) by application of phosphorus up to 50 kg P₂O₅ ha⁻¹ on a sandy loam soil, beyond this dose, the response was not significant. Adisheshaiah *et al* (1978) and Misra and Sen (1986) also found that increase in head diameter was obtained by increase in the phosphorus level.

Capitulum diameter was significantly superior when P was applied at 60 kg P₂O₅ ha⁻¹ over 30 kg P₂O₅ ha⁻¹ and control, but on par with 90 kg P₂O₅ ha⁻¹ (Somasundaram and Iruthayaraj, 1981). Further, increase in phosphorus up to 80 kg P₂O₅ ha⁻¹ (Dhaka and Agrawal, 1981) also up to 100 kg P₂O₅ ha⁻¹ (Shiva Prasad *et al.*, 1996), up to 112.5 kg P₂O₅ ha⁻¹ (Prabhuraj *et al.*, 1993), significantly increased the head size.

However, several investigators also noticed that capitulum diameter was not positively influenced by application of phosphorus (Varghese *et al.*, 1976a; Singh and Kaushal, 1975; Gupta and Sharma, 1978; Singhi and Pacheria, 1981; and Patil and Shah, 1983).

Total number of seeds head⁻¹.

Application of phosphorus had a significant positive influence on the number of seeds per head of sunflower when applied at 13.3 or 26.4 kg P₂O₅ ha⁻¹ (Singh *et al.*, 1973).

Several workers have reported positive correlation between seed yield and total number of seeds per head and significant influence of phosphorus on them viz., 40 kg P₂O₅ ha⁻¹ (Khan and Hussain, 1996), up to 80 kg P₂O₅ ha⁻¹ (Dhaka and Agrawal, 1981; Chaniara et al., 1989), up to 90 kg P₂O₅ ha⁻¹ (Khokani et al., 1993) and up to 120 kg P₂O₅ ha⁻¹ (Tripathi and Kalra, 1980; Megur et al., 1993). However, Varghese et al. (1976a) and Tripathi and Kaira (1981) reported that no significant influence on the seed number per head was exerted by application of phosphorus to sunflower crop.

Number of filled seeds head⁻¹

The number of filled seeds per head obtained with 60 kg P₂O₅ ha⁻¹ was significantly higher than control treatment according to Gaur et al (1973). The sterility percentage of sunflower significantly decreased with increase in P levels in the experiments of Singh and Kaushal (1975) and Misra and Sen (1986). Gupta and Sharma (1978) reported that seed hollowness of sunflower was not influenced by phosphorus levels. Conversely, the work of Gangawar and Parameshwaran (1976) revealed that P application @ 60 kg ha⁻¹ resulted in more number of filled seeds head⁻¹. So also, number of filled seeds per capitulum was found to be significantly higher with increasing levels of phosphorus i.e., 80 kg P₂O₅ ha⁻¹ (Ujjanaiah et al., 1989) and 120 kg P₂O₅ ha⁻¹ (Megur et al., 1993; and Dhoble, 1998).

Test Weight

Test weight is shown to have significant and positive relation with seed yield (Shivakumar et al., 1973; and Chandrasekhar, 1998).

Rao and Vidyasagar (1981) observed a linear progressive increase in thousand seed weight from 31.1 to 45.5 g with concurrent increase in P from 0 to 20 kg ha⁻¹. Whereas, Adishesaiah et al., (1978) found significant increase in the test weight up to 45 kg P₂O₅ ha⁻¹. Similar results were obtained by Gangawar and Parameshwaran (1976), Suraj Bhan (1977), Khokani et al (1993) and Sarkar et al (1995) wherein significant increase in the test weight of sunflower was registered up to 60 kg P₂O₅ ha⁻¹. Likewise, Mahadevappa et al., (1994) and Shivaprasad et al (1996) reported significant increase in test weight of sunflower with progressive increase of P levels from 0 to 100 kg P₂O₅ ha⁻¹, whereas Prabhuraj et al (1993) up to 112.5 kg P₂O₅ ha⁻¹ and Ujjanaiah et al (1989) and Megur et al (1993) up to 120 kg P₂O₅ ha⁻¹ observed significant response to P in respect of test weight.

Seed yield

Blamey et al (1987) found that 5.1 kg P (3.9 kg by seed and 1.2 kg by the stover) was taken up by sunflower crop producing 1 tonne seed/ha.

Seed yield was positively influenced by the application of phosphorus at graded levels (Kanwar et al., 1983; Ankineedu et al., 1983; DOR, 1984; DOR, 1985; Singh and Venkateswarlu, 1985; Kulkarni et al., 1986; Tandon, 1987).

Sunflower being oilseed crop found to respond very well to different levels of P. Gangawar and Parameshwaran (1976) attributed 41 to 48 per cent of seed yield increase in sunflower to P application. Vitikov (1976) observed that application of 60 kg P₂O₅ ha⁻¹ increased the seed yield (3.13 t ha⁻¹) and further increase of phosphorus beyond 60 kg ha⁻¹ was not significant. Similar results were reported by several workers (Tripathi and Kalra, 1980; Misra and Sen, 1986; Mishra et al., 1994; Sathiyavelu et al., 1994; Mishra et al., 1995; Reddy et al., 1997; Tamak et al., 1997). Such a response to increasing P levels was ascribed to adequate P supply resulting in better root penetration and proliferation contributing to production of photosynthates and their translocation to sink. Positive response to applied P at different P levels viz., up to 40 kg (Sarmah et al., 1992; Dhaka and Agrawal, 1981) up to 45 kg (Habeebullah et al., 1986; Shelke et al., 1988) up to 50 kg (Hiremath et al., 1990) up to 75 kg P₂O₅ ha⁻¹ (Shivaprasad et al., 1996; Chandrasekhara and Patil, 1997), up to 90 kg P₂O₅ ha⁻¹ (Gowda et al., 1979; Somasundaram and Iruthayaraj, 1981; Muralidharudu and Reddy, 1992; Naphade and Naphade, 1992; Ateeque et al., 1993; Gopal et al., 1995), up to 120 kg P₂O₅ ha⁻¹ (Megur et al., 1993; Prabhuraj et al., 1993; Vivek et al., 1993; Dhoble, 1998) and up to 150 kg P₂O₅ ha⁻¹ (Raju and Verma, 1981) have been reported.

Contrary to the above, several researchers reported that the seed yield of sunflower was not positively influenced by phosphorus application (Singhi and Pacheria, 1981; Chaudhari and Paturde, 1981; Tanimu et al., 1991; Satyanarayana et al., 1986; Chaniara et al., 1989; Khokani et al., 1993; and Narayana and Patel, 1998).

Harvest Index (HI)

Application of 60 kg P₂O₅ ha⁻¹ resulted in maximum HI (Sarmah *et al.*, 1992). Contrary to this, phosphorus application did not influence the harvest index of sunflower (Mishra *et al.*, 1994; Kalra and Tripathi, 1980; and Shivaprasad *et al.*, 1996).

Quality characters

Phosphorus is known to play an important role in carbohydrate metabolism and helps in conversion of carbohydrate into oil (Banner and Verner, 1965). Thus, Gangawar and Parameshwaran (1976) reported that the oil content of sunflower seed was significantly increased with the increase in P₂O₅ levels from 0 to 60 kg P₂O₅ ha⁻¹. Similar results were also reported by Mishra *et al.* (1995). Similar findings were also reported by Kalra and Tripathi (1980) and Chaudhari and Paturde (1981).

Further, significant increase in oil content was observed at higher levels of P viz., up to 80 kg P₂O₅ ha⁻¹ (Raut and Ghonsikar, 1978; Naphade and Naphade, 1992; Tomar *et al.*, 1996a), up to 90 kg P₂O₅ ha⁻¹ (Misra and Sen, 1986; and Maheswarappa *et al.*, 1985) and up to 120 kg P₂O₅ ha⁻¹ (Sidhu *et al.*, 1991).

However, several investigators reported that the oil content was not at all affected due to P application (DOR, 1987; Lewis *et al.*, 1991; Muralidharudu and Reddy, 1992; Khokani *et al.*, 1993; Sathiyavelu *et al.*, 1994; Sarmah *et al.*, 1992).

Phosphorus uptake

Pal (1979) reported that the peak period of P uptake was in between seedling and flowering period. P content in plants increased up to knee high stage and thereafter decreased with crop ontogeny (Kalra and Tripathi, 1980) P uptake increased with increasing level of P application (Rao *et al.*, 1984a; Hiremath *et al.*, 1990).

Recovery of eleven per cent of applied P was registered in vegetative plant parts (Loubser *et al.*, 1990). Graded levels of P significantly increased the N and P uptake both in seed and dry matter yield and the maximum uptake of these nutrients was bracketed at 90 kg P₂O₅ ha⁻¹ (Ateeque and Malewar, 1992; Naphade and Naphade, 1992; Ateeque *et al.*, 1993; Singh *et al.*, 1994a).

According to Kumar *et al.* (1995) phosphorus levels did not show significant effect on P content in both seed and stover, whereas P uptake increased significantly with 60 kg P₂O₅ ha⁻¹ in both seed and stover due to increase in total dry matter yield.

Application of nitrogen @ 60 or 90 kg ha⁻¹ without P did not help in increasing the P uptake. Balanced application of 60 kg N and 30 kg P₂O₅ ha⁻¹ increased the total P uptake significantly (Bahl *et al.*, 1997).

The per cent P utilization showed a decreasing trend with an increase in P dose. It decreased from 14.9 to 10.7 with an increase in total available phosphorus from 40 to 80 kg ha⁻¹. At lower level of P application, there was enough competition between the plants to take up P from the limited available P supply leading to higher utilization of the applied P. At higher level, the increased P dose did not lead to proportionate increase in the uptake of applied P leading to lower utilization. Similar observations were also made by other workers (Dravid and Goswami, 1988; Singha *et al.*, 1994a; Chandrasekhara and Patil, 1997). On the other hand, Narayana and Patel (1998) observed that phosphorus did not exert any significant difference on P uptake of sunflower.

Priority areas of research at global level on oilseed crops in general and sunflower in particular include the effect of phosphorus on growth, yield and quality. Since, the role of phosphorus in ameliorating these aforementioned parameters is substantial, much more research on these priority areas are to be carried out. The current paper is useful for agricultural researchers in oilseeds in bringing about sizeable positive shift in enhancing the productivity levels of sunflower through phosphorus management.

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