



Do Post-Operative Electrocardiographic (ECG) Changes Indicate any Underlying Graft Problem after CABG? Correlation of Early Post-Operative ECG Changes with CT Coronary Angiography (CTCA).

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Abstract

Purpose: Identifying occult and potentially life-threatening problems in the absence of hemodynamic instability and elevation of cardiac markers has always remained a diagnostic challenge in patients after coronary artery bypass graft (CABG). A study to identify these threats by comparing ECG changes to CTCA changes is thus essential to isolate and evaluate high-risk cases.

Methods: First 45 post-CABG patients having ECG changes at the 0th, 4th, 18th hour, and follow-up were subjected to computed tomography coronary angiography (CTCA), and results were evaluated using the Chi-square test to establish a correlation.

Results: Absolute high-risk and relative high-risk profiles of patients were established in the present study. Patients with EF 50-60%, with native right coronary involvement and graft to posterior left ventricular (PLV) artery are at absolute risk of having ECG changes translated into CTCA changes.

Conclusion: The study addresses the quintessential question 'which ECG changes in the postoperative period should be given immediate attention and which ones can be safely ignored?'

Keywords: CABG; CT coronary angiography; ECG changes; Graft patency.

Introduction

An electrocardiogram (ECG) is the first choice of test in many cardiovascular diseases; however, interpretation of normal and abnormal findings in ECG is difficult [1,2]. Correlation between 12 lead ECG and affected coronary territory is already established. S-T elevation in contiguous leads is highly sensitive for the diagnosis of early myocardial infarction (MI). The etiologies of MI during coronary artery bypass graft (CABG) include coronary vasospasm, occlusion, complications of anastomosis, cardioplegia, and aortic cross-clamping. This diagnosis is difficult because the accompanying changes are often attributed to normal postoperative changes[3,4]. Thus, in a post-operative CABG, the association between ECG changes in a particular coronary territory and its translation into graft patency/ occlusion has not been established. This was revealed with the use of computerized tomography (CT) coronary angiography in early period post-surgery to check for graft patency in the territory which had shown ECG changes. The study aimed to identify the ECG changes, in the absence of hemodynamic instability or deranged

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cardiac markers, which need to be addressed immediately and the ones that can be safely ignored in the immediate post-operative period.

Materials and Methods

The first forty-five patients having undergone CABG surgery at our institution were analyzed for post-operative significant ECG changes (S-T changes, new q waves, new onset left bundle branch blocks) at 0, 4, and 18 hours and at follow-up and were included in the current study. Table 1 shows the contiguous leads used to identify the coronary territory involved. Only these patients underwent CT coronary angiography after 1 month and the results correlated with ECG changes. The graft evaluation was done as per Fitzgibbon classification of grafts: A (excellent), B(stenosed), and C(occluded). The patients were analyzed on the basis of age groups, presence of comorbidities, ejection fraction, original disease, on-pump v/s off-pump surgery performed, native coronary territory involved, limb and precordial lead changes noted, and grafts performed. The statistical significance of these results was established using Chi-square test.

Statistical Analysis:

The statistical software used was SAS version 6.09 on the Unix platform. For dichotomous variables, the chi-squared test or Fischer's exact test was used. Two tailed $p < 0.05$ was considered significant. Odds ratio and 95% confidence interval based on standard error of logistic coefficient and two tailed probability value are presented. Forty five patients developed significant ECG changes and were subjected to CTCA. The results were then compared to patient profiles to identify correlation using Spearman's correlation coefficient.

Results

The results obtained in the study were as follows:

Age and correlation between ECG and CTCA:

Table 2 shows that the maximum number of ECG changes are seen in the age group 51-60 years; however, most of the changes persisted even at follow-up in the age group 61-70 yrs. Overall, no statistically significant difference was obtained between age group and ECG changes.

As seen from Table 3, patients in the age group 61-70 years showed the maximum percentage of CT coronary angiographic changes corresponding to electrocardiographic changes. However, the results showed no statistical significance, thus indicating no correlation of age groups to electrocardiographic or corresponding CTCA changes.

Table 4 indicates that most non-Left-main triple vessel disease patients show persistence of ECG changes however, the p-value was statistically insignificant indicating no correlation between the original disease and the appearance of ECG changes

Table 5 shows that all left main disease patients showing ECG changes had corresponding CTCA changes; however, these changes were statistically insignificant. Hence, in the current study, no correlation between the original disease and ECG and CTCA changes could be observed.

Table 6 demonstrates that patients with a low ejection fraction (EF) showed maximum percentage of persistence of ECG changes at follow-up, though such results were statistically insignificant.

Comparison of ECG and CTCA results showed statistically significant differences in p values for EF 30-40 and 40-50, thereby indicating no correlation between ECG and CTCA for these EF groups, but in EF group 50-60 years ECG changes corresponded to CTCA changes. ECG changes in a patient with EF 50-60 are more indicative of an underlying problem than for lower EF groups as indicated in Table 7.

Table 1: ECG representation of various coronary territories

Leads with ECG changes	Affected myocardial area	Occluded coronary artery
V1-V2	Septal	Proximal LAD
V3-V4	Anterior	LAD
V5-V6	Apical	Distal LAD, LCX or RCA
I, aVL	Lateral	LCX
II, III, aVF	Inferior	90% RCA, 10% LCX
V7-V9 (reciprocal ST depression)	Posterolateral	RCA or LCX

LAD, left anterior descending; LCX, left circumflex artery; RCA, right coronary artery

Table 2: Comparison of age of patients with ECG changes

Age	ECG changes at 0 hrs	Changes at 4 hrs	Changes at 18 hrs	Follow up ECG	% persistent changes
40-50	6	9	9	3	33.33
51-60	18	18	15	12	60
61-70	15	15	9	9	100
71-80	3	0	0	0	0
total	42	42	33	24	72.72

p-value, 0.1704

Table 3: Comparison of age, ECG, and CTCA changes

Age	Follow up ECG	CTCA changes	%
40-50	3	0	0
51-60	12	6	50
61-70	9	6	66.66
71-80	0	0	0
total	24	12	50

p-value, 0.4066; CTCA, computed tomographic coronary angiography

Table 4: Comparison of original disease and ECG changes

Original disease	ECG changes at 0 hr	Changes at 4 hr	Changes at 18 hr	Follow-up ECG changes	% persistent changes
Triple vessel disease 21	21	15	18	15	83.33
Left main double vessel disease 3	3	3	3	0	0
Left main triple vessel disease 21	21	18	9	6	66.66

p-value, 0.3596

Table 5: Comparison of the original disease, ECG and CTCA changes

Original disease	Follow-up ECG changes	Follow-up CTCA changes	%
Triple vessel disease 21	15	6	40
Left main double vessel disease 3	0	0	0
Left main triple vessel disease 21	6	6	100

p-value, 0.2188; CTCA, computed tomographic coronary angiography

Table 6: Comparison of ejection fraction and ECG changes

EF	ECG changes at 0 hr	ECG changes at 4 hr	ECG changes at 18 hr	CTCA changes at follow up	% persistent changes
30-40 9	6	9	6	6	100
40-50 18	15	18	18	12	66.66
50-60 18	18	15	9	6	66.66
total 45	39	42	33	24	72.72

p-value, 0.1639; CTCA, computed tomographic coronary angiography

Table 7: Comparison of EF, ECG and CTCA changes

EF (%)	Frequency	Follow-up ECG changes	CTCA changes	P value
30-40	9	6	0	0.00621
40-50	18	12	3	0.00342
50-60	18	6	9	0.2495
Total	45	24	12	-

p-value, 0.01111; CTCA, computed tomographic coronary angiography

No correlation was obtained between comorbid patients having ECG changes and CTCA changes seen from Table 8.

No statistically significant difference was obtained between on-pump and off-pump cases with respect to ECG changes and CTCA changes, as shown in Table 9.

Table 10 shows a significant correlation ($p=0.006$) between the appearance of ECG changes in any coronary territory and its persistence at follow-up.

Table 11 elucidates that there is a significant difference in the ECG changes and CTCA changes in native lesions of left anterior descending (LAD) and left circumflex artery (LCA) territories, while native right coronary artery territory involvement showing ECG changes translates into CTCA changes and thus, necessitates vigilance even in a hemodynamically stable patient.

Figure 1 shows the trend of ECG changes in comparison with coronary territories. Further, 46.1% of patients have persistent changes in the LAD territory, 31.25% in the LCX territory, and 33.33% in the RCA territory.

Grafted vessels and correlation with changes in the corresponding territory in ECG and CTCA status:

PDA, posterior descending artery; RCA, right coronary artery.

The study shows that ECG changes post-surgery in posterior LVA graft territory translate into CTCA changes. However, grafts to the posterior descending artery, distal right coronary artery, obtuse marginal arteries, diagonal and left anterior descending arteries show a statistically significant difference in ECG changes and CTCA in descending order of importance, i.e. ECG changes in LAD showing the least correlation to CTCA changes while PDA shows relatively higher correlation (Table 12).

Table 13 shows that the CTCA findings show excellent graft patency (Fitzgibbon A) with arterial grafts as compared to vein grafts, thus showing its importance as an essential graft in a CABG unless contraindicated. Other unconventional findings like apical ballooning ($n=1$) and focal ventricular outpouching in basal inferior segments ($n=3$) have also been noted in the CTCA (Table 13)

Table 8: Comparison of comorbidities and CTCA changes

Comorbidities	N	CTCA changes	%
DM	24	3	12.5
HTN	27	9	33.33
CVA	3	0	0
HC	3	0	0

p-value, 0.1642; DM, diabetes mellitus; HTN, hypertension; CVA, cerebrovascular accident; HC, hypercholesterolemia

Table 9: Comparison of on-pump vs off-pump CABG, ECG and CTCA changes

Type	ECG changes	CTCA changes	%
on pump	15	6	60
off pump	30	6	20

p-value, 0.1528; CABG, coronary artery bypass graft; CTCA, computed tomography coronary angiography

Table 10: Comparison of native territory involvement and persistence of ECG changes

Native territory involved	ECG changes at 0 hr	ECG changes at 4 hr	ECG changes at 18 hr	Follow up changes	%
LAD 39	27	30	21	18	46.15
LCX 48	27	33	21	15	31.25
RCA 36	15	15	9	12	33.33
Total 123	69	78	51	45	35.43

p-value, 0.006584; CTCA, computed tomography coronary angiography; LAD, left anterior descending; LCX, left circumflex artery; RCA, right coronary artery

Table 11: Comparison of native territory involvement, ECG and CTCA changes

Native Territory involved	Initial ECG changes	Follow-up ECG changes	CTCA changes	P value
LAD	39	18	0	2.5E-06
LCX	48	15	3	0.00201
RCA	36	12	9	0.302
Total	123	45	12	

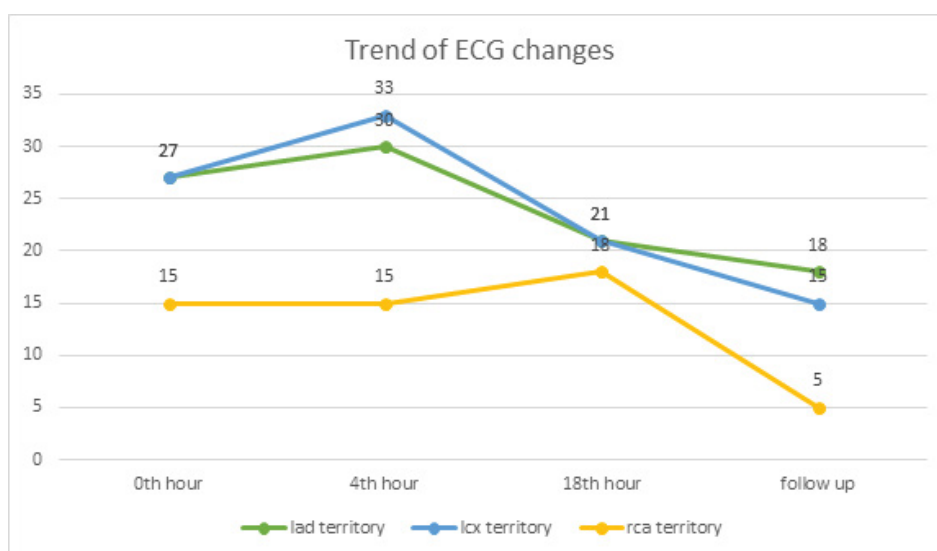


Figure 1: Trend of ECG changes at 0th, 4th, 18th hour and at follow up

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Table 12: Comparison of grafts, ECG and CTCA changes

Grafts	No of changes	ECG changes	CTCA block	P value
LAD grafts	45	33	0	<0.0000001
OM grafts	48	18	6	0.00476
diagonal grafts	15	12	0	2.1E-05
PDA grafts	21	9	3	0.04384
PLV grafts	9	6	6	0.3085
Distal RCA grafts	6	3	0	0.02275

p-value, 0.0005135; OM, obtuse marginal arteries; LAD, left anterior descending; PLV, posterior left ventricular graft

Table 13: Grading of grafts (Arterial v/s Venous) on CTCA

CTCA changes	Arterial grafts	Vein grafts
Fitzgibbon A	66	66
Fitzgibbon B	0	3
Fitzgibbon C	0	12
Total	66	81

CTCA, Computed tomography coronary angiography

Discussion

Graft occlusion is one of the major determinants of post-operative prognosis in CABG patients. In the early postoperative period, ECG monitoring is routinely performed to check for the involvement of certain territories and their correlation with specific grafts. In the early postoperative period, days to weeks after surgery technical problems and thrombotic activation lead to thrombotic occlusion of venous grafts in approximately 5-10% of cases. Within the 1st year after surgery, the causes are intimal hyperplasia and thrombosis in 10-15% of cases. After 1st year, atherosclerosis predominates at 40-60%[5,6,7]. If arterial grafts are patent after 1 week of surgery, they have a 10-year patency rate of 88%. Despite limitations to CTCA studies due to the presence of metallic clips in arterial grafts that interfere with the visualization of lesions, severe coronary calcifications in native vessels and reduction of imaging quality due to premature atrial or ventricular contractions, CTCA has proven to be more sensitive and specific than echocardiography and magnetic resonance imaging (MRI) in imaging of coronaries and bypass grafts [8,9]. These grafts are accepted by patients due to low risk of complications as compared to invasive angiography. CTCA is rightly termed as a 'potential gatekeeper' in a previous meta-analysis[10]. Donkol et al and Hendel et al suggested that indications for CTCA in post-CABG patients were persistent symptoms, suspected graft failure, suspected disease progression in native coronary arteries or grafts; and an understanding of the topography of graft anatomy is needed before attempting to engage graft ostia and evaluate graft body[11,12]. However, literature regarding which cardiac profiles are definitive candidates for CTCA has been mentioned in prospects by Donkol et al[11] which has been the main prospect of the current

study. Cardiac enzymes have not been used for postoperative monitoring as there are neither uniform recommendations as to which enzymes to analyze nor any cut-off levels prescribed indicating a need for further diagnostic interventions[13]. CTCA evaluation was performed at 1 month to rule out edema at the graft anastomotic site and to avoid late graft attrition unlike the Surgical Management of Arterial Revascularization Therapies (SMART) trial[14]; however, the results of the present study correspond to the SMART trial with no difference in patency rates between on and off-pump surgeries. The marginally lower graft patency rates (89.5%) could be attributed to complex coronary anatomy, smaller size coronary vessels, and the inclusion of low ejection fraction patients. Glineur et al[15] documented similar patency rates for sequential grafts to distal right coronary artery (RCA) and posterior descending artery (PDA). Persistent ECG changes and subsequent CTCA changes were noted in our study in EF 50-60% group highlighting the importance of ECG monitoring in patients with normal ejection fraction. A total of 35.4% of grafts showed persistent ECG changes of which 46.1% belonged to the LAD artery. Comparison with CTCA showed no LAD graft abnormality; thus, our study maintains coherence with the results of arterial grafts in previous literature. The RCA territory instead showed a significant correlation between persistent ECG changes and subsequent CTCA abnormality, probably owing to higher venous conduit usage and sequential pattern of anastomosis to PDA and posterolateral vessel (PLV) arteries; This finding corroborates earlier one by Mueller et al.[16]. The higher percentage (33.33%) of CTCA changes in hypertensive patients having venous grafts establishes a correlation between hypertension and neointimal hyperplasia responsible for venous graft occlusion on being subjected to high aortic pressures.

The uniqueness of the study lies in its role in highlighting a specific high-risk cardiac profile, which must be given more significance when ECG changes appear in the post op period. This study also emphasizes the fact that even though the grafts fail on ECG and CTCA, they cause imperceptible immediate clinical consequences to the patients and this finding supports that by Loeb et al[17]; however, the changes might pose a threat to the patient in the long run. The authors claim the following cardiac profile to be at absolute high risk for a positive correlation between ECG changes and graft blocks:

1. Normal Ejection fraction 50-60%.
2. Native right coronary artery involvement.
3. Grafts to posterior left ventricular artery.

The relative high-risk profile as per our study for the same being:

1. Age group 61-70 years.
2. Left main involvement with triple vessel disease.
3. Ejection fraction 30-40%.
4. Hypertensive patient.
5. Grafts to the posterior descending artery.

Endpoints:

High risk profile patients are identified and counselled regarding potential threat to bypass grafts. These patients are requested to maintain follow up with absolute compliance. Similarly, the ECG changes that can be attributed to reasons other than graft occlusion have been identified and these patients need not be subjected to CT scan

Limitations:

It is important to put light on the type of grafts used and their various combinations, the type of anastomoses performed, the size of the native coronary vessel, the way how grafts lie, flow studies of grafts, and long-term study of patency rates which the authors could not explain in the present study for purpose of simplicity.

Ethics approval and consent:

Institutional ethics approval and written informed consent of human participants taken.

Conclusion

In postoperative patients, electrocardiographic changes include broad differentials like pH changes, electrolyte shifts, temperature alterations, sympathetic effects, complications of cardioplegia or aortic cross-clamping, pericarditis, as well as coronary-graft anastomotic trouble. The risk for misdiagnosis of an MI exists for all postoperative patients and may occur more frequently than recognized at present due to these pseudo-infarction patterns[18]. The study highlights the

correlation between immediate and late postoperative ECG changes to CTCA changes. Overall, early and late ECG changes in patients having EF 50-60% and native right coronary lesions with posterior descending and posterior left ventricular artery grafts warrant vigilance and close follow-up even in the absence of hemodynamic compromise, and such patients should be subjected to CTCA. Thus, both ECG and CTCA should always be correlated as they are valuable in determining graft patency and also help detect clinically occult and potentially life-threatening complications.

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