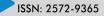


Research Article

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First Detection of NDM-type Carbapenemase-Producing *K. pneumoniae* isolated from Clinical Samples in Ouagadougou, Burkina Faso

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Summary

Background: *Klebsiella pneumoniae* is one of the most concerning Gram-negative opportunistic pathogens responsible for various infectious diseases. The rapid emergence and spread of clinically multidrug-resistant and hypervirulent strains of *K. pneumoniae* constitute a serious public health threat. The aim of this study was to identify the NDM-type carbapenemase gene in *K. pneumoniae* strains isolated from the Centre Hospitalier Universitaire Pédiatrique Charles De Gaulle (CHUP-CDG) de Ouagadougou, Burkina Faso.

Methods: *Klebsiella pneumoniae* strains were isolated from various biological samples (urine, pus, blood, stool, cerebrospinal fluid) between 2009 and 2013 at the CHUP-CDG. The antibiotic susceptibility test for ceftriaxone (CRO), ceftazidime (CAZ), cefotaxime (CTX), and imipenem (IMP) was performed using the disk diffusion method on Mueller-Hinton agar. The *bla*_{NDM} gene was detected by classical PCR.

Results: Out of 10 *Klebsiella pneumoniae* strains, the susceptibility test showed high resistance to cephalosporins. The resistance rates were 80.00% for CRO, 90.00% for CTX, 100% for CAZ, and 10.00% for IMP. Molecular characterization of NDM-type metallo- β -lactamases by PCR revealed one (10.00%) strain carrying the *bla*_{NDM} gene. Resistant strains and the NDM gene were mostly found in bacteria isolated from urine.

Conclusions: This study highlights the presence of the bla_{NDM} gene in resistant strains of *Klebsiella pneumoniae* to β -lactams at CHUP-CDG. Surveillance measures should be taken to prevent the emergence of bacteria producing these enzymes.

Keywords: *Klebsiella pneumoniae*, Antibiotic resistance, $blaI_{MP}$ gene, beta-lactamases, Burkina Faso

Introduction

The emergence of carbapenem resistance in Gram-negative bacilli represents a significant challenge as it leads to therapeutic dead-ends [1]. This resistance can be due to combined mechanisms involving β -lactamases with very low carbapenemase activity and decreased outer membrane permeability, or to the production of carbapenemases [2]. Carbapenemases are enzymes capable of hydrolyzing carbapenems [3]. Genes encoding these enzymes are often located on mobile genetic elements such as plasmids, transposons, integrons [4, 5] and can be transferred from one bacterial genus or species to another [6]. The most frequent carbapenemases are KPC-type enzymes, metallo- β -lactamases (VIM, IMP, NDM), and oxacillinases (OXA-

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48 and OXA-23) [7]. MBLs are characterized by the widest hydrolysis spectrum, able to hydrolyze all β-lactams except aztreonam [8]. The metallo-\beta-lactamase NDM-1 (New Delhi metallo- β -lactamase) was first identified in Sweden in a patient of Indian origin in early 2008 [3, 9]. Since then, it has received particular attention due to its rapid spread in Enterobacteriaceae [10]. Carbapenemase genes have been described in several epidemiological studies in Europe, North America, and Asia [11, 12]. In Africa, there is limited data available on carbapenemase genes. Previous studies have reported the presence of carbapenemase-producing bacteria in Southern, North, and West Africa [13]. n Burkina Faso, a study on bacteria resistance genes revealed the presence of the VIM- and IMP-2-encoded metallo- β -lactamase [14]. Our research team also identified several bacterial strains producing extended-spectrum β-lactamases with multidrug resistance in Burkina Faso [15-18], Togo [19-21] and Niger [22]. However, data on NDM-type metallo-β-lactamase in resistant bacteria is scarce. The main objective of this study was to characterize the NDM-type carbapenemase gene carried by Klebsiella pneumoniae strains isolated between 2009-2013 at the Centre Hospitalier Universitaire Pédiatrique Charles De Gaulle (CHUP-CDG) de Ouagadougou, Burkina Faso.

Materials and Methods

Type and period of study

This was a descriptive study with retrospective collection of bacterial strains [15, 23]. The study was conducted in Ouagadougou, at the Centre de Recherche Biomoléculaire Pietro Annigoni (CERBA) and the Laboratoire de Biologie Moléculaire et de Génétique (LABIOGENE) of Université Joseph Ki-Zerbo, between June and September 2021.

Sampling

A total of 10 strains of *K. pneumoniae* responsible for human infection were included in this study. These strains were isolated between 2009 and 2013 from various biological samples such as urine, pus, and cerebrospinal fluid at the CHUP-CDG de Ouagadougou, Burkina Faso.

Antimicrobial susceptibility testing

The antibiotic resistance of the strains was tested using the disk diffusion method on Mueller-Hinton agar (MH) in accordance with the recommendations of the Antibiogram Committee of the French Microbiology Society [24]. The antibiotics ceftriaxone (CRO), ceftazidime (CAZ), cefotaxime (CTX), and imipenem (IMP) were used.

DNA extraction

DNA extraction was performed by the boiling method [16]. An isolated colony was picked from the MH agar plates and suspended in 200 μ l of distilled water in labeled

Eppendorf tubes. The bacterial suspension was then placed in a water bath at 100 °C for 15 minutes to break the bacterial wall and membrane and release the genetic material. The tubes were finally centrifuged at 12,000 rpm for 10 minutes, and the supernatant containing the total DNA was transferred to a new Eppendorf tube and stored at -20 °C until molecular analyses.

Detection of the *bla*_{NDM} gene by PCR

The bla_{NDM} gene was detected by PCR using the GeneAmp® PCR System 9700 thermocycler (Applied Biosystems, California, USA) in a reaction volume of 20 µL. The reaction mixture consisted of 4 µL of GREEN PCR Master Mix, 0.5 µL of forward and reverse primers, 14 µL of PCR water, and 1 µL of bacterial DNA from each strain. The amplification of the $bla_{\rm NDM}$ gene was carried out using the following primer pair: F-5'CCATGCGGGCCGTATGAGTGATT'3 and R-5'AAGCTGAGCACCGCATTAGCCG'3 with an expected amplicon of 763 bp. A negative control was prepared using 19 µL of reaction mix and 1 µL of PCR water. The following PCR program was used: an initial denaturation step at 96 °C for 5 minutes, followed by 30 cycles, each consisting of denaturation at 96 °C for 30 seconds, annealing at 62 °C for 30 seconds, and extension at 72 °C for 30 seconds. A final extension step was performed at 72 °C for 7 minutes.

Agarose gel electrophoresis

The DNA fragments amplified by PCR were separated by electrophoresis on a 1.5% agarose gel prepared in a 1X trisborate-EDTA solution and containing 0.5 μ g/mL of ethidium bromide. Migration was performed at 100 V for 25 minutes and the amplicons were visualized under UV light using the GeneFlash device (Syngene, Bio-Imaging, UK).

Ethical considerations

The institutional ethics committee of CERBA/ LABIOGENE reviewed and approved the protocol of this study.

Statistical analysis

The collected data were entered into Excel 2016 and analyzed using the STATA software. The different results were expressed as percentages (%) and frequency for categorical variables.

Results

Distribution of bacterial strains by pathological samples

The 10 *Klebsiella pneumoniae* strains analyzed in this study were obtained from children at CHUP-CDG and were isolated from various pathological samples. Among the 10 strains, the majority (50%, 5/10) were isolated from urine samples, followed by pus samples (40%, 4/10), and cerebrospinal fluid (10%, 1/10).

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Antibiotic resistance and detection of the *bla*_{NDM} gene

Table I presents the distribution of resistance among biological samples, as determined by the sensitivity test of the 10 clinical strains of *Klebsiella pneumoniae* in the present study. The results indicate a high level of resistance to cephalosporins, with rates of 80.00% (8/10) for ceftriaxone (CRO), 90.00% (9/10) for cefotaxime (CTX), and 100% (10/10) for ceftazidime (CAZ). In contrast, only 10.00% (1/10) of the strains exhibited resistance to imipenem (IMP).

Molecular characterization of NDM-type metallo- β -lactamases by PCR revealed that 10.00% (1/10) of the strains carried the $bla_{\rm NDM}$ gene. The urine samples yielded the strain carrying the $bla_{\rm NDM}$ gene, as shown in table 2. The electrophoretic profile of the $bla_{\rm NDM}$ gene is illustrated in figure 1.

Discussion

Carbapenem resistance in *Enterobacteriaceae* due to carbapenemase production is a major public health problem [2]. Infections caused by carbapenemase-producing bacteria lead to true therapeutic impasses [1]. Carbapenems are a subclass of β -lactams, which also includes cephalosporins,

Table I: Distribution of resistance by biological sample

Species	СТХ	CRO	CAZ	IMP
Urines	5 (50.00 %)	4 (40.00 %)	5 (50.00 %)	1 (10.00 %)
Pus	3 (30.00 %)	3 (30.00 %)	4 (40.00 %)	0 (00 %)
CSF	1 (10.00 %)	1 (10.00 %)	1 (10.00 %)	0 (00 %)
Total	9 (90.00 %)	8 (80.00 %)	10 (100.00 %)	1 (10.00 %)

CSF: Cerebrospinal fluid, CTX: Cefotaxime; CAZ: Ceftazidime; CRO: Ceftriaxone, IMP: Imipenem

Table 2: Presence of bla_{NDM} gene according to the biological sample

Biological samples	<i>bla_{ndm}</i> gene	
Urines	1 (10. 00 %)	
Pus	0 (00 %)	
CSF	0 (00 %)	
Total	1 (10. 00 %)	

CSF: Cerebrospinal fluid, CTX: Cefotaxime; CAZ: Ceftazidime; CRO: Ceftriaxone, IMP: Imipenem



Figure 1: Electrophoretic profile of the bla_{NDM} gene

monobactams, and penicillins [25]. The aim of the present study was to determine the frequency of the $bla_{\rm NDM}$ gene by PCR in clinical isolates of K. pneumoniae. Most of these clinical strains were isolated from urine and pus. Several previous studies conducted by our research team have also reported a predominance of multidrug-resistant strains in urine samples in Burkina Faso [16-18, 23], Togo [19-21] and Niger [22]. Urinary tract infection is the second most common bacterial infection in children and is considered a threat to public health due to the increasing rates of antibiotic resistance among uropathogens [26]. The antibiotic susceptibility test of the strains in this study revealed a resistance rate of 80.00% for ceftriaxone (CRO), 90.00% for cefotaxime (CTX), and 100% for ceftazidime (CAZ) among third generation cephalosporins. Cephalosporins are commonly prescribed in outpatient and inpatient settings, and their broad spectrum of activity allows for diverse use in most medical specialties [27]. Currently, there are five generations of cephalosporins, primarily differentiated by their structure, spectrum of activity, and side effect profiles [28]. Like other β-lactams, cephalosporins act by preventing bacteria from forming their cell wall, leading to their death [29]. Resistance to third-generation cephalosporins among Gram-negative bacilli has been described in several studies in Burkina Faso [14, 18, 30] and in the West African sub-region[31, 32]. β-lactams are among the most commonly prescribed antibiotics in the world, with the emergence of multidrug resistance through several mechanisms or the production of several types of enzymes capable of inactivating these drugs [33]. The present study found a lower resistance rate (10%), 1/10) to imipenem. Resistance to carbapenems has been reported in Asia with a 1.20% resistance rate to meropenem [34] and 65.6% for imipenem [35], in Europe with a 24.32% resistance rate to imipenem [36], in West Africa with 100% resistance rate to meropenem [37] and in Southern Africa with a 96.7% resistance rate to meropenem [38]. The production of carbapenemases, overexpression of efflux pumps, as well as mutations or repression of porins are all mechanisms of resistance against imipenem [39]. The search for the resistance gene showed a strain carrying *bla*_{NDM}. NDM can hydrolyze a broad spectrum of β -lactams, including penicillin, cephalosporins, and carbapenems. The presence of the bla_{NDM} gene in K. pneumoniae strains has been reported in several African countries such as Kenya [40], Tanzania [41] and Sudan [42]. The emergence of clinical strains of Klebsiella pneumoniae co-producing KPC-2 and NDM-1 and resistant to carbapenems has also been reported in the literature [43], suggesting ongoing surveillance efforts and the imperative need for new therapeutic solutions to combat the expansion of multidrug resistance.

Conclusion

The present study reports a clinical strain of K. pneumoniae

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that is multidrug-resistant and carries the $bla_{\rm NDM}$ gene. Carbapenem resistance in *Enterobacteriaceae* is a major public health problem, particularly in developing countries such as Burkina Faso, where it is associated with therapeutic dead-ends. This suggests that adequate surveillance measures are needed to prevent the emergence and dissemination of this resistance gene in other clinical strains.

Declarations

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Authorship Contributions

Study concept and design: AKO, AMD, RYWT and JS. Study execution and acquisition of data: AKO, BO, AMD, RYWT and SS. Statistical analysis and interpretation of data: AKO, BO, AMD. Drafting of the manuscript: AKO, BO and AMD. Critical revision of the manuscript for important intellectual content: AKO, BO, AMD, RYWT, AMD, SS and JS. Administrative, technical, and material support: AKO, AMD, RYWT and SS. Study supervision: AKO, RYWT, AMD, and JS. The Corresponding Author declare that the manuscript has been read and approved by all named authors and that the order of authors listed in the manuscript has been approved by all of us.

Competing interests

The authors declare no conflict of interest.

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