

**Review Article** 

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# **Karyopherins in the Remodeling of Extracellular Matrix: Implications in Tendon Injury**

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#### Abstract

Rotator Cuff Tendinopathies (RCT) are debilitating conditions characterized by alterations in the extracellular matrix (ECM) of the shoulder tendon, resulting in pain, discomfort, and functional limitations. Specific mediators, including HIF-1 $\alpha$ , TGF- $\beta$ , MMP-9 and others have been implicated in the morphological changes observed in the tendon ECM. These mediators rely on karyopherins, a family of nuclear proteins involved in nucleo-cytoplasmic transport; however, the role of karyopherins in RCT remains understudied despite their potential role in nuclear transport mechanisms. Also, the understanding regarding the precise contributions of karyopherins in RCT holds great promise for deciphering the underlying pathophysiological mechanisms of the disease and potentially fostering the development of targeted therapeutic strategies. This article critically discusses the implications, possibilities, and perspectives of karyopherins in the pathophysiology of RCT.

**Keywords:** Exportins; Importins; Karyopherins; Rotator Cuff Tendinopathies; Shoulder tendon

#### Introduction

Rotator Cuff Tendinopathies (RCT) are associated with pain, discomfort, and functional impairment owing to changes or destruction of the extracellular matrix (ECM) of the shoulder tendon [1]. Also, specific mediators such as HIF-1 $\alpha$  [2], TGF- $\beta$ 1 [3], and MMP-9 [4] are linked to the observed changes in the morphology of tendon ECM. Transcription of these mediators largely relies on the activity and function of a family of nuclear proteins, the karyopherins. Karyopherins, such as importins, are crucial for the nucleo-cytoplasmic bidirectional transport of specific transcriptional mediators facilitating the movement of cargo into and out of the nucleus [5,6]. Importantly, the regulation of such bidirectional nucleo-cytoplasmic transport is crucial for the tissue homeostasis; however, the information on karyopherins especially the importin sub-types in relation to RCT is limited. On this background, this review comprehends the implications and perspectives of karyopherin subtypes in the pathophysiology of RCT.

#### **Karyopherin Biology**

Karyopherins represent a family of transporter proteins aiding to shuttle cargo between nucleus and cytoplasm comprising two major families, importin and exportin. Importin functions on transporting specific biomolecules between the cytoplasm and the nucleus mediated by specific nuclear localization signal (NLS) [7]. Structurally, importin exists as heterodimer composing importin- $\alpha$  and importin- $\beta$  subunits. Importin- $\alpha$  was discovered as a 60kD cytosolic protein in Xenopus eggs that exhibited 44% sequence

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identity to the nuclear pore complex in yeast [8]. Eventually, the cDNA construct of importin- was further cloned and studied in E coli system unveiling the conduits of nucleocytoplasmic transport [9]. Importin- $\beta$  was identified by Michael Rexach and Dirk Görlich as 90kD protein subunit that dissociated from importin- $\alpha$  using affinity chromatography on nickel (II)-nitrilotriacetic acid-Sepharose [10]. These findings confirmed that the 60kD importin- $\alpha$  and 90kD importin- $\beta$  subunits function synergistically in targeting substrate import at the nuclear envelopes of mammalian cells [11].

Exportin is responsible for the nucleocytoplasmic transport of cellular cargo from the nucleus to the cytoplasm [12]. The major cellular function of exportin is to transport mature mRNA and 5' and 3' end processed tRNA from the nucleus to the cytoplasm [13]. Multiple sub-types of exportin exist and the X-ray structures of exportin-5 and exportin-1 have been determined [14]. In the cargo-free state, Exportin-5 is stabilized by a ring-shaped closed conformation through interactions between C-terminal anchors and N-terminal heat repeats. Upon the interaction of exportin with RanGTP, the C-terminal anchors are removed resulting in the

conformational change in the N-terminal heat repeats, and thus creating an open space cargo binding [14]. Exportin-1 transports molecules with highly variable nuclear export signals (NES) [15]. X-ray crystallography of exportin-1 bound to cargo containing different NES has revealed that exportin-1 adopts a wide range of diverse conformations which vary from loop-like to all-helix depending on the invariant NES-binding groove [16].

Karyopherins are classified into karyopherin- $\alpha$  (KPNA) and karyopherin- $\beta$  families (KPNB) and each member can recognize its own unique set of cargo and RNA [17]. KPNA orthologues are further subdivided into subfamilies  $\alpha 1$ ,  $\alpha 2$ and  $\alpha 3$  based on differences found within their amino acid sequence. Each subfamily further contains a unique set of genes and proteins [18]. The KPNA subfamilies have been broken into their respective genes in Table 1 along with their current identified interactions. Similarly, the KPNB family contains 18 orthologues which are divided into three groups based on whether they function as exportins, importins, or for bidirectional transport [19]. This family has subfamilies and genes with respective interactions are given in Table 2.

#### Table1: KPNA subfamilies with their associated genes and interactions.

KPNA consists of 3 subfamilies –  $\alpha 1$ ,  $\alpha 2$ ,  $\alpha 3$ . Subfamily  $\alpha 1$  contains genes KPNA1 and KPNA7. Subfamily  $\alpha 2$  contains KPNA3 and KPNA4. Subfamily  $\alpha 3$  contains KPNA2, KPN5, and KPNA6. The interactions currently identified in the National Library of Medicine National Center for Biotechnology Information for each gene have been included in the table. Information regarding KPNA1 can be found at https://pubchem. ncbi.nlm.nih.gov/gene/KPNA1/human. Information regarding KPNA2 can be found at https://www.ncbi.nlm.nih.gov/gene/3838. Information regarding KPNA3 can be found at https://www.ncbi.nlm.nih.gov/gene/3839. Information regarding KPNA4 can be found at https://www. ncbi.nlm.nih.gov/gene/3840. Information regarding KPNA5 can be found at https://www.ncbi.nlm.nih.gov/gene/3841. Information regarding KPNA6 can be found at https://www.ncbi.nlm.nih.gov/gene/23633. Information regarding KPNA7 can be found at https://www.ncbi.nlm.nih.gov/gene/3841. Information regarding KPNA6 can be found at https://www.ncbi.nlm.nih.gov/gene/23633. Information regarding KPNA7 can be found at https://www.ncbi.nlm.nih.gov/gene/3841. Information regarding KPNA6 can be found at https://www.ncbi.nlm.nih.gov/gene/23633. Information regarding KPNA7 can be found at https://www.ncbi.nlm

α1			α2		α3	
Gene	Interactions	Gene	Interactions	Gene	Interactions	
Gene KPNA2	Interactions CDKN1B HSPA4 ITK STAT1 SV40gp6 SV40gp6 IXNIP APOBEC1 ARLAA ARLSA BRCA1 CASP2 CDA CHD3 CHEK2 CREBBP CSNK1A1 EP300 EPB41 H1-0 HAP1	Gene KPNA3	Interactions CDKN1B COIL FAM50B KPNB1 NFKB1 RCC1 IGM2 ACACA ACE2 ACIN1 ACTRIA AKIRIN2 ANKRD11 APEX1 APOL6 ARNT ARRB1 ARRB1 ARRB2 ATG16L1 ATM ATOSB B2M BAHD1 BAP1	Gene KPNA1	Interactions ANP32A ELAVL1 H2BC21 H3-4 LEF1 LMO4 PAX5 RAG1 RUNX1T1 SRP19 STAT1 STAT3 TAF9 UBR5 ADNP ADNP2 AICDA ALKBH5 ANP32B ANP32B ANP32E APEX1 ARHGEF7 ARID2	
			BARD1		ARNT	



KPNA7	H1-2 IKBKG LARP7 MEPCE SLEN11 TWIST1 USP1	KPNA4	IGM2 RECOL TGM2 ACLY ACTC1 ACTRIA ACTRIB ADNP AFF2 AHSA1 AICDA AKIRIN2 APP ARMC8 ARRB2 B2M BAP1 BCOR C9orf40 CALCOCO2 CANX CBX5 CCAR1 CCNT1 CCT2	KPNA5	ANP32A BRMS1 COKN1B ADNP AIPL1 ANP32A ANP32B ANP32E ARNT ATM ATOSB BRMS1 CHD4 CHD8 CUL3 DCPS E2F4 EPAS1 FBL FBX07 FOXE1 GATAD2B H3C1 HIF1A HNRNPC
				KPNA6	ANP32A BRCA1 CSE1L KPNB1 RELB STAT1 STAT TAF9 ACTC1 ALKBH5 ANKRD11 ANP32A ANP32B ANP32B ANP32B ANP32E ARK2N ARMC8 ARNI BAP1 BCOR BIRC3 BZW1 CACUL1 CARD19 CBX1 CBX3



#### Table 2: KPNB subfamilies with their associated genes and interactions.

KPNB consists of 3 subfamilies based off their direction of nucleocytoplasmic transport – importin, exportin, or bidirectional transport. Like the KPNA family, each subfamily contains a unique set of genes. The interactions currently identified in the National Library of Medicine National Center for Biotechnology Information for each gene have been included in the table. Information regarding XPO1 can be found at https:// pubchem.ncbi.nlm.nih.gov/gene/XPO1/human. Information regarding XPO2 can be found at https://www.ncbi.nlm.nih.gov/gene/171621. Information regarding XPO7 can be found at https://pubchem.ncbi.nlm.nih.gov/gene/57510. Information regarding KPNB1 can be found at https://pubchem.ncbi.nlm.nih.gov/gene/57510. Information regarding KPNB1 can be found at https://pubchem.ncbi.nlm.nih.gov/gene/KPNB1/human. Information regarding TNPO1 can be found at https://pubchem.ncbi.nlm.nih.gov/gene/KPNB1/human. Information regarding TNPO2 can be found at https://www.ncbi.nlm.nih.gov/gene/30000. Information regarding TNPO3 can be found at https://www.ncbi.nlm.nih.gov/gene/10527. Information regarding TNPO3 can be found at https://www.ncbi.nlm.nih.gov/gene/10526. Information regarding IPO-9 can be found at https://www.ncbi.nlm.nih.gov/gene/55705. Information regarding IPO-11 can be found at https:// www.ncbi.nlm.nih.gov/gene/55705. Information regarding IPO-11 can be found at https:// www.ncbi.nlm.nih.gov/gene/79711. Information regarding IPO-13 can be found at https:// www.ncbi.nlm.nih.gov/gene/55705. Information regarding IPO-11 can be found at https:// www.ncbi.nlm.nih.gov/gene/79711. Information regarding IPO-13 can be found at https:// www.ncbi.nlm.nih.gov/gene/79711. Information regarding IPO-13 can be found at https:// www.ncbi.nlm

Exportin			Importin			Bidirectional		
Gene	Name	Interactions	Gene	Name	Interactions	Gene	Name	Interactions
XP01	Exportin-1	CDKN1B DDX3X NPM1 NUP42 SNORD3A ADAR AGFG1 AHR ATF2 BECN1 BIRC5 CDKN1B CIITA CRK DDX3X E2F5 EIF5A ERF FOXO4 HDAC3 IRF5 KIF17 MAPK6 NF2 NMD3	KPNB1	Importin-1	CD99 RAN SOX9 rev tat CD99 CHD3 CSEIL CSNK1A1 ELAVL1 FGFR1 H1-0 IGFBP3 IGFBP5 IPO7 IP08 KPNA2 KPNA3 KPNA6 KPNB1 LYST NFYA NUP153 NUP50	IPO-4	Importin-4	ACBD5 AGR2 AGRN AIMP2 AKAP5 ANKRD55 ANPEP APEX1 APP AR ARFGEF1 ARLAC ASF1 ASF1A ASF1B ATP5F1B AXL BAG6 BAP1 BCL2L14 BIRC3 BNIP5 BRF2 C9orf78 CA9



XPO-2	Exportin-2	K07E3 cdt-1 det-10 dlat-1 EBEL imb-3 mbk-1 mdh-2 mdt-11 meg-3 pyp-1 ran-1 rnr-1	TNPO1	Transportin-1	ELAVL1 H2BC21 H3-4 HNRNPA1 HNRNPD NUP153 NUP214 NUP98 NXF1 PABPN1 RAN RANBP2 RGPD5 RPL23A RPL5 RPD5 RPL23A RPL5 RPS7 SRP19 INPO1 ACE2 ACIN1 ACE2 ACIN1 ACO2 ACP3 AHCYL1 AKAP5 ALYREE	IPO-13	Importin-13	REEER EIF1AX MAGOH PAX6 RBM8A UBE21 ALDH3A2 ALX1 ARX B3GALT C5AR1 CD40 CD74 CHRM3 CIAPIN1 CLEC2D CRX DIABLO DUX4 DUX4L9 EGFR
ХРОТ	Exportin-3	HOLBP NUP153 NUP214 RAN RANBP2 XPOZ AAR2 ACE2 ACP3 ACTA1 AGR2 AIRE AKAP1 ANKRD55 ANPEP APEX1 AR ARAF ARHGAP24 ARMC5 ARMC6 ARMC8 ASXL1 AXL BET1	TNPO2	Transportin-2	ACE NXF1 PIK3CD TCL1B A1CE ADORA3 AHCYL1 AMPD2 APIP AQP3 ARL13B ARMCX6 ARSE AVPR2 B3GAT1 BAP1 BCAM BEND7 BIRC7 BIRC7 BIRC8 BLMH BOD1L1 BRD2 BSG			



XPO-5	Exportin-5	EEF1A1 FADD ILF3 NUP153 NUP214 RAN SMAD4 ZNF346 AARSD1 ACE2 ACP3 ADD1 ADORA2B AMIG01 ANKFY1 ANKMY2 ANKRD26P1 APLNR AQP3 AR ARIH1 ASXL1 ASXL1 ATXN10 BAG1	TNPO3	Transportin-3	CHMP3 SMURF2 SRSF1 IRA2B ACLY ACP3 ACTR3 AHCYLI AK7 AKAP1 ALDOA ARPC2 ASXL1 ATP2B2 B3GNT8 BCAM BLMH BRD3 BRF2 BSG BTNL9 C11orf87 C19orf38 C3orf18 C5AR1		
XPO-6	Exportin-6	ACTB DIAPH1 NUP62 PFN1 VASP ACTA1 ARSF ATG7 ATP2B4 AVPR2 BRF2 BTNL9 C3orf18 C5AR1 CA14 CACNG6 CD274 CD40 CD83 CHRM4 COMTD1 CSTF1 CYB5B DCUN1D1 DIAPH1	IPO-5	Importin-5	POLY DPPA3 GPRASP3 H1-0 NUP153 NUP214 NUP62 NUP98 RAG2 RAN RANBP2 RPL13 RPL23 RPL23 RPL23A RPL23A RPL23A RPL23A RPL5 RPS7 AAR2 ABCC6 ACD ACLY ADRM1 AGR2 AHCY AIMP2 AKAP1		



XPO-7	Exportin-7	DDX19B MAPK9 NUP153 XPOT AKAP1 AP2B1 APLNR ARL4D AVPR2 B3GNT8 BICD2 BRD4 BRE2 BSG BTNL9 C3orf18 CARM1 CARS1 CCDC22 CCDC8 CD274 CD70 CD80 CDHR5 CHRM4	IPO-7	Importin-7	H1-0 KPNB1 RAN RPL23A RPL5 RPS7 SRP19 AAR2 AIMP2 AIRE AKTIP APEH ARAF ARHGAP24 ASPM ASXL1 ATP6V1F ATXN3 AURKAIP1 Apc2 BAD BAP1 BIRC3 BPLF1		
XPO-4	Exportin-4	EIF5A RAN XP04 ALDH3A2 AVPR2 B3GAT3 BRF2 BSG BTNL9 C11orf87 C19orf38 C3orf18 C5AR1 CA14 CACNG1 CD274 CD40 CD70 CFTR CHRM4 COMTD1 CSK CTBP2 CYB5B EFNB1	IPO-8	Importin-8	ATXN1 KPNB1 RANGAP1 SRP19 ACAD8 ACE2 ADGRE5 AGO1 AGO2 AGO3 AGO4 AKR1C2 APLNR ARAF ARHGAP23 ATXN1 AVPR2 BCOR BICD1 BIN1 BIRC3 BSG BTL9 CAPZB CBLB		



IPC	-9 Importin-9	PPP2R1A ACTG1 ACTN1 ADORA3 AGRN AIMP2 AKIRIN2 APP BEEREBI BROX BTNL9 C11orf87 C9orf78 CA9 CAND1 CANX CBX1 CCNE CDC42		
IPO	.11 Importin-11	PLCD4 RAN RPL12 IRAF2 UBE2E3 AAR2 AARS1 ADORA3 AGFG1 APLNR ARID4B ARL13B ARPC1B AVPR2 BIRC6 BRD3 BRD8 BSG BINL9 BYSL BZW1 BZW2 C11orf87 C1orf94 C3orf18		



#### **Structure of Importin**

Importin-a has distinct domains; the N-terminal domain is the Impß1-binding (aIBB) domain and C-terminal domain or the central domain. The central domain has two major binding grooves created by ten tandem flexible armadillo motifs of three  $\alpha$  helices encoded by ~40 amino acid residues [20,21]. The consecutive stacking of these motifs creates a spherical shaped molecule that has the appearance of a groove [20,22]. Additionally, within the C-terminal domain, there are two grooves: a major and minor groove. These grooves function as receptors and the binding site for the NLS of cargo and are lined with tryptophan and asparagine residues which in turn are surrounded by acidic amino acids [20]. These grooves recognize and interact with the basic (positively charged) NLS through hydrophobic and electrostatic interactions [23]. Between the two binding grooves is a linker-binding region that interacts with the NLS backbone [23]. Importantly, the changes in residues within these three regions affect the nuclear localization and binding of the NLS to importin-a [24,25].

Similarly, importin- $\alpha$  is composed of 18-20 amino acid residues of the HEAT repeat motif composing of huntingtin, elongation factor 3, the 65kD alpha regulatory subunit of phosphatase 2A (PP2A) and the yeast PI3-Kinase TOR 1 [26]. These HEAT motifs contain two antiparallel alpha helices linked together by a turn in which the secondary structure of the polypeptide chain reverses its direction. These helices stack together to form mature importin- $\alpha$  [27]. A major function of importin- $\alpha$  is to interact with nucleoporins by weak, transient bonds between the surface hydrophobic pockets and the FG repeats found within the nucleoporin [28].

#### **Nuclear Localization Signals**

While all cargo transported into the nucleus by importin are mediated by NLS, these signals are not necessarily coded by the same sequence. Thus, importin- $\alpha$  recognizes two specific classes of NLS: classical (cNLS) and nonclassical. cNLS bears both monopartite and bipartite signals. Monopartite NLS consist of one stretch of basic amino acids while bipartite NLS contain two stretches of basic amino acids [29-31]. Within bipartite NLS, the two basic stretches are separated by an amino acid "linker" region that allows the NLS to maintain its functionality and to withstand point mutations and insertions [22,30,32,33]. Both basic domains are necessary for the integrity of bipartite NLS to retain their functionality in nuclear targeting.

Monopartite NLS are traditionally represented by the SV40 large T antigen NLS (126-PKKKRRV-132) while bipartite NLS are represented by the nucleoplasmin NLS (155-KRPAATKKAGQAKKKK-170) [23]. Structural [22,32,33] and thermodynamic [34] studies have identified the key structural/chemistry requirements for cNLS transport.

Monopartite cNLS requires a most critical Lys-155 that is stabilized by Gly-161, Thr-166, and Asp-203 [20]. The major binding groove of importin- $\alpha$  is located near the N-terminus and binds monopartite NLS and the larger stretch of basic residues composing the bipartite NLS [23]. The minor groove of importin- $\alpha$ , located closer to the C-terminal, binds the basic residues composing the bipartite NLS [23]. cNLS binds to the grooves of importin- $\alpha$  in an extended conformation in which their main chains bind antiparallel to the importin- $\alpha$ chain [23].

Furthermore, there are other types of non-classical NLS that differ from the binding chemistry of classical NLS. While nuclear import of cNLS-cargo requires the presence of both importin- $\alpha$  and importin- $\beta$ , non-classical NLS typically are recognized solely by the importin- $\alpha$  family without the importin- $\alpha$  [35]. For example, parathyroid hormone-related protein (PTHrP) has been imported to the nucleus through a direct interaction with importin- $\beta$  [36]; however, in some cases, importin- $\alpha$  plays a role in non-classical NLS cargo import. Also, the non-classical NLS of the influenza virus nucleoprotein binds specifically and exclusively to the minor groove of importin- $\alpha$  with low affinity [37].

#### **Cytoplasm to Nucleus**

Eukaryotic cells regulate the bidirectional transport of cargo between the cytoplasm and the nucleus through nuclear pore complexes (NPCs) which regulates the transport of cargo both into and out of the nucleus [38]. NPCs are composed of approximately 30 distinct proteins called nucleoporins (Nups) forming the central constituents of the complex. The fundamental structural components of NPCs include the inner pore ring, which is bound to both the inner and outer nuclear envelope; the nuclear and cytoplasmic rings, which are fused to the inner pore ring; the nuclear basket; and cytoplasmic filaments [39]. Within the inner pore ring is a central channel which allows for the passive diffusion of small molecules, while preventing the diffusion of large macromolecules [35]. For large molecules to enter the nucleus, the C-terminal region of importin-a recognizes cargo containing an NLS and the N-terminus of importin-a bind to the central domain of importin- $\beta$  [40]. Subsequently, importin- $\alpha$  binds to both the tagged cargo and importin- $\beta$ , forming a heterodimer. The recognition and binding between the two importin molecules are attributed to importin beta binding (IBB) domain [40]. Once the heterodimer is intact, importin-ß interacts with FGrepeats of nucleoporins (Phe-Gly sequence repeats) which facilitates the diffusion of the heterodimer-cargo complex through the NPC to the nucleus [41]. The FG-repeats within the nucleoporins are enriched with phenylalanine and glycine residues and separated by hydrophilic linkers. Also, the FG repeats provide direct and specific interactions with the transport receptors, which provide the structural basis for the translocation of the cargo across the nuclear envelope [41].

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Nuclear import is initiated with the binding of the alpha and beta subunits of importin to cellular cargo tagged with an NLS. Once the complex is formed, importin- $\beta$  interacts with the FG-repeats of a nucleoporin, allowing for the complex to pass into the nucleus. Once inside the nucleus, Ran-GTP binds allosterically to the importin complex, causing the complex to dissociate and releasing the cargo from importin into the nuclear space. Importin- $\alpha$  is recycled back to the cytosol through the mediation of cellular apoptosis susceptibility protein (CAS). Importin- $\beta$  is transported separately without the aid of an additional protein. Once the complex has been exported from the nucleus and into the cytoplasm, Ran Binding Proteins facilitate the separation of Ran-GTP from importin- $\alpha$  and importin- $\beta$ , resetting the cycle.

Once the heterodimer-cargo complex has diffused into the nucleus, dissociation of the nuclear import complex occurs to release the cargo within the nucleus. Ran-GTP binds allosterically to both importin- $\alpha$  and importin- $\beta$  present in the complex, causing a conformational change which facilitates the release of the cargo from importin [21]. Importin- $\alpha$  recycles back to the cytosol through the mediation of cellular apoptosis susceptibility protein (CAS) [42]. However, the Ran-GTP complex remains bound to importin- $\alpha$ , preventing importin- $\alpha$  from binding to additional targets. Once the complex has been exported from the nucleus and into the cytoplasm, Ran Binding Protein (RanBP2) facilitates the separation of Ran-GTP from importin allowing importin- $\alpha$  to regain its function in the cytoplasm. Additionally, this separation provides access to Ran GTPase activating

proteins (RanGAP) which facilitate the hydrolysis of the guanine nucleotides in Ran-GTP to produce Ran-GDP [21]. Importin- $\beta$  is transported out of the nucleus independently and in the cytoplasm, Ran Binding Proteins separates Ran-GTP from importin- $\beta$ , freeing the molecule for subsequent transport cycles. The import cycle is schematically shown in Figure 1.

#### Nucleus to Cytoplasm

Cargo transport from the nucleus to the cytoplasm generally reverses the nuclear import process. Within the nucleus, distinct macromolecules need to be transported from the nucleus to the cytoplasm. This is essential for processes such as DNA replication and RNA synthesis. These macromolecules are transported from the nucleus to the cytoplasm after being tagged with a Nuclear Export Sequence (NES) which is recognized by the nucleocytoplasmic transporter, exportin. Studies have shown that Crm1 (exportin 1) is a necessary element for nuclear export process. Crm1 acts as a NES receptor that facilitates the diffusion of macromolecules across the nuclear envelope [43]. In addition, Crm1 forms a leptomycin B-sensitive complex, which provides a co-operative binding site for Ran-GTP and the NES [44]. Additional studies conducted on budding or fission yeast with mutated Crm1 genes revealed nuclear export was inhibited. This data further supports the requirement of Crm1 in the adequate function of the nuclear export process. Importantly, Crm1 binds to several different nucleoporins including Nup214 [45] confirming their major role in the adequate functioning of the nuclear export system.



**Figure 1:** Import cycle for importin- $\alpha/\beta$ .



Ran-GTP binds to export n through its N-terminal domain which is inevitable for the exportin to bind the cargo [15,46-48]. Importantly, the interaction between Ran-GTP and exportin occur only in the presence of cargo leading to form a trimeric export [49]. Moreover, RanBP1 and RanBP2 play a crucial role in the release of Ran-GTP from the nuclear export complex. RanBP1 and/or RanBP2 bind to Ran-GTP in the export complex on the cytoplasmic side of the NPC resulting in a conformational change in Ran-GTP which leads to the dissociation of Ran-GTP from Crm1 releasing the cargo from Crm1, and concurrently, the dissociation of Crm1 from the NPC [50]. Furthermore, RanBP2 and RanBP1 stimulate RanGAP, which triggers the cleavage of Ran-GTP to Ran-GDP and renders the reaction irreversible as Crm1 has limited affinity to Ran-GDP [51-53]. This process completes the export of cargo from the nucleus to the cytoplasm. Once completed, Ran and Crm1 recycle back to the nucleus through distinctive mechanisms [54]. The transport factor, NTF2, facilitates the import of cytosolic Ran-GDP back into the nucleus, restoring the concentrations of Ran 52, 57–59. NTF2 interacts with the FG repeats allowing the translocation of Ran back into the nucleus where Ran Guanine Nucleotide Exchange Factor (RanGEF/RCC1) facilitates the dissociation of NTF2 from Ran-GDP by converting Ran-GDP to Ran-GTP. RanGEF is strictly found in the nucleus while RanGAP is localized within the cytoplasm creating a compartmentalized asymmetry of Ran-GTP across the nuclear envelope for the directionality of nucleo-cytoplasmic transport. This export process is shown in Figure 2.

Exportin recognizes cargo containing a NES. Once recognized, cooperative binding of RanGTP and cargo occurs, forming a trimeric export complex. Exportin then facilitates the transfer of the trimeric complex through NPC to the cytoplasmic side of the nucleus. The complex remains attached to the cytoplasmic side of the NPC until RanBP1 and/or RanBP2 bind to Ran-GTP on the complex on the cytoplasmic side of the NPC. The binding of Ran Binding Proteins to Ran-GTP leads to a conformational change in the trimeric complex, resulting in the dissociation of Ran-GTP from Crm1. This dissociation releases the cargo from Crm1, and concurrently, the dissociation of Crm1 from the NPC.

#### Perspectives of karyopherins in RCT

Karyopherins may play a critical role in the signaling pathways of rotator cuff tendinopathies (RCTs) by regulating the nucleocytoplasmic transport of key mediators, including HIF-1 $\alpha$  [2], TGF- $\beta$  [3], and MMP-9 [4], which have been associated with changes in tendon extracellular matrix (ECM) remodeling. Specifically, karyopherins facilitate the nuclear import of Smad proteins in the TGF- $\beta$ /Smad3 pathway, thereby regulating gene transcription and downstream signaling [3]. Additionally, karyopherins are involved in the nuclear transport of HIF-1 $\alpha$ , an essential protein for hypoxic conditions and tissue repair [55,56]. Importin proteins also contribute to the transportation of NF- $\kappa\beta$ , a transcription factor implicated in various inflammatory conditions and tissue remodeling in various diseases, influencing the expression of pro-inflammatory genes and MMPs [57]. Interestingly,





the function of specific importins and exportins could be modulated by immunomodulators, such as vitamin D [58-60]. By understanding the interplay between karyopherins and these signaling pathways, valuable insights into the underlying mechanisms of RCT pathology can be gained, leading to the development of therapeutic strategies aimed at enhancing healing and reducing fibrosis.

# TGF- β/Smad3 Pathway and Karyopherins

Following RCT, the tendon fibrosis hinders tendon healing via the activation of transforming growth factor- $\beta$ (TGF- $\beta$ ) signaling as an integral role in this process. Importantly, the TGF-\u00b3/Smad3 pathway promotes the proliferation and collagen deposition by tendon fibroblasts while inhibiting the fibroblast apoptosis [61]. Interestingly, TGF- $\beta$  upregulation in the tendon fibroblasts [62,63] increases the phosphorylation of Smad2, Smad3, and the conversion of fibroblasts into myofibroblasts [64,65]. Initially, myofibroblasts contribute to tendon healing by contracting, remodeling the ECM, forming fibrous scars, and improving injury stability [66,67]. However, their sustained presence in later phases leads to tendon fibrosis and impaired function [68]. Therefore, targeting TGF-β activation is essential to reduce tendon fibrosis and promote healing from RCT [69] where the Smad family of proteins serve as key regulators in the downstream propagation of TGF- $\beta$  [70]. This family includes nine proteins, namely Smad1 to Smad9, divided into three categories: R-Smads (receptor-regulatory Smads), Co-Smads (Co-mediating Smads), and I-Smads (inhibitory Smads). R-Smads are activated by TGF- $\beta$  receptors [71-73], Co-Smad4 forms complexes with activated R-Smads and plays a regulatory role in TGF- $\beta$  signal transduction [74]. I-Smads reside in resting cell nuclei and enter the cytoplasm upon TGF-B stimulation to interfere with R-Smad recruitment and phosphorylation and Co-Smad complex formation [75]. Therefore, I-Smads act as negative regulators to the TGF-B signal transduction pathway.

Smad proteins consist of two conserved domains connected by a proline-rich non-conserved intermediate linking region. The N-terminal Mad homolog domain 1 (MH1) acts as a transcription factor, while the C-terminal Mad homolog domain 2 (MH2) facilitates protein-protein interactions. When TGF-B receptors are activated, R-Smad proteins undergo phosphorylation at their C-terminals [76] facilitating the translocation of R-Smads and Co-Smad complex to the nucleus to regulate gene transcription [76-79]. Karyopherins play a crucial role in the nuclear transport of Smads. For instance, the N-terminal conserved MH1 domain of Smad 3 interacts with importin- $\beta$ 1 for nuclear import [3]. This interaction with karyopherins, therefore, serves as the final regulatory mediator of the TGF- $\beta$  signaling cascade. The Smad complex enters the nucleus and bind to TGF-βresponsive sequences (TBRS) (between -174 and -84 bp) of downstream transcription start site of COL1 $\alpha$ 1 gene [80].

Studies have demonstrated the significance of the TGF- $\beta$ / Smad3 pathway in tendon healing. In a SiRNA rat model of rotator cuff injury, inhibition of Smad3 led to improved bone-tendon junction structure, collagen fiber continuity, and organization compared to controls [81]. Similarly, Smad 3 (-/-) mice exhibited better range of motion and reduced scar formation following flexor digitorum longus tendon repair [82]. These findings suggest that modulation of the TGF- $\beta$  / Smad3 pathway enhance healing after RCT. Unfortunately, the information regarding the involvement of TGF-B and/ or Smad translocation by karyopherins in RCT are currently unavailable. However, it is logical that the dysregulation of nuclear transport of Smad proteins occurs following RCT, contributing to increased TGF-B activity and subsequent fibrosis that hampers healing. The possible mechanisms of TGF-β-karyophrenes axes age depicted in Figure 3. Further research is warranted along this direction and to design potential techniques to modulate the Smad- karyopherin interaction for therapeutic purposes.

#### HIF-1a and Karyopherins

Millar et al. [83] and Mosca et. al. [2] reported that hypoxia regulated early tendinopathy with an increased level of HIF- $1\alpha$  in apoptotic supraspinatus cells, suggesting a potential role of HIF-1a RCT pathology [2,83,84]. Under normoxic conditions, HIF-1 $\alpha$  undergoes proline hydroxylation leading to its proteolysis via polyubiquitination whereas hypoxia inhibits the hydroxylation stabilizing the HIF-1 complex [85]. HIF-1 $\alpha$  upregulates collagen genes through activation of NOTCH1, NOTCH1 ligand (JAGGED1), and hairy and enhancer of split-1 (HES1) [86]. Upon binding of HIF-1, the presenilin proteases (PSEN1/2) cleave the intracellular domain of NOTCH to form the Notch Intracellular Domain (NICD) [87] for import into the nucleus by importin- $\alpha$ 3, -4, and -7 [56]. In the nucleus, NICD interacts with immunoglobulin k J region (RBP-Jk) and Mastermind-like (MAML) proteins which in turn trigger the transcription of HES and HEY genes (mammalian counterparts of drosophila HES1) [88,89]. Interestingly, overexpression of NICD in transgenic mice inhibited osteoblast differentiation and reduced production of type I collagen, resulting in severe osteosclerosis [90]. Additionally, the HIF-1a/NOTCH pathway suppressed the expression of MMP1 and MMP13 and increased expression of TIMP1. MMP1 and MMP13 are the key regulators in ECM turnover and are crucial for ECM degradation [91,92]. In addition, HIF-1 a promotes expression of pro-angiogenic factors, including vascular endothelial growth factor (VEGF), which stimulates the growth of new blood vessels into injured tissue contributing to tissue repair by improving the oxygen and nutrient [93]. However, the invasion of endothelial cells during angiogenesis has been associated with potential weakening of tendon stability [94]. Therefore, the contribution of angiogenesis to the healing process in RCT remains a topic of debate.





Figure 3: Pathways of key mediators in the regulation of type-1 collagen and the role of specific karyopherins in these pathways.

These studies highlight the important role which HIF-1 $\alpha$  plays in the healing process of RCT. HIF-1 $\alpha$  is exported to the cytoplasm by Exportin 1 (CRM1) using a cNES regulated by MAPK-dependent phosphorylation of two serine residues [55]. Hence, karyopherins are crucial for HIF-1 $\alpha$  signaling in RCT. Moreover, the disruptions in the import, export, or both may lead to aberrant gene expression patterns and compromised cellular responses aggravating the RCT pathology/healing responses. The possible mechanisms of HIF-1 $\alpha$ -karyopherin axes are depicted in Figure 3. However, the information regarding the association of HIF-1 $\alpha$  signaling and karyopherin biology are obscure warranting further investigations. Consequently, understanding the interaction between HIF-1 $\alpha$  and karyopherins would open novel avenues to enhance RCT healing processes.

#### **NF-KB and Importin**

Following RCT, NF- $\kappa\beta$  activation occurs in response to the convergence of pro-inflammatory chemokines including TNF- $\alpha$ , IL-1 $\beta$ , IL-6, and IL-18 released by inflammatory cells [86]. The activation of NF- $\kappa\beta$  results in the transcription of pro-inflammatory genes which leads to the production of additional cytokines, chemokines, and adhesion molecules that leads to the recruitment and activation of immune cells to the site of injury [86]. These recruited immune cells release additional inflammatory mediators that perpetuate the inflammatory cascade. In addition, NF-κβ regulated the expression of MMPs. Evidently, NF-κβ activation increases the expression of MMPs, such as MMP-1, MMP-3, and MMP-13, in human tendon induced with TNF- $\alpha$  or IL-1B [94-97]. Additionally, a specific binding site for NF- $\kappa\beta$  has been identified in the promoter gene of MMP-9, which is responsive to TNF- $\alpha$  [98]. Additionally, NF- $\kappa\beta$  maintain the balance between tendon fibroblast proliferation and apoptosis and inhibit caspase 8 activation, thereby blocking apoptosis in different cell types in the tendon [99]. Moreover, NF- $\kappa\beta$ suppresses apoptosis through activation of the Bcl-2 family member A1/Bfl-1 which reduces the release of proapoptotic cytochrome C from mitochondria [100]. Interestingly, this study aligned with our previously recorded findings of higher expression of Bcl-2 in cultured hypoxic tenocytes [101]. In the context of RCT, NF- $\kappa\beta$  activation promotes tendon fibroblast proliferation during the early proliferative phase of tendon healing. However, when NF- $\kappa\beta$  activity is downregulated, fibroblast proliferation ceases, and the cells undergo apoptosis. Sustained activation of NF-κβ lead to excessive fibroblast proliferation, which contribute to fibrosis and impaired tendon function [102].

NF- $\kappa\beta$  transcription factors are composed of 5 subunits - p65 (RelA), ReIB, c-Rel, p50, and P52. All 5 subunits contain an N-terminal Rel homology domain that bears the NLS, dimerization, and DNA binding domains [103]. In the



resting state, these subunits are sequestered in the cytoplasm by an inhibitor protein called  $I\kappa\beta$ , which masks the nuclear localization signal (NLS). Upon stimulation with signals like IL-1, IL-6, TNF- $\alpha$ , and TREM-1 during RCT and other pathologies [97,104-106], a multi-subunit Iκβ kinase (IKK-B) complex phosphorylates Ikßa, targeting it for degradation via the ubiquitin pathway exposing the NLS on NF- $\kappa\beta$  to translocate to the nucleus. Importin- $\alpha$ 3 and importin- $\alpha$ 4 have been identified as the karyopherins responsible for mediating the nuclear import of NF- $\kappa\beta$  in TNF- $\alpha$ -challenged cells [103]. In the nucleus, NF- $\kappa\beta$  inhibit the COL1 $\alpha$ 1 and COL1 $\alpha$ 2 genes in fibroblasts [107]. The reduction in collagen type I (COL1) expression is the basis of RCT pathology [80]. Overall, NF-κβ plays a dual role in RCT (Figure 3), mediating inflammation and influencing tissue repair and remodeling processes. NF- $\kappa\beta$  activation leads to the production of pro-inflammatory mediators and MMPs and modulates tendon fibroblast behavior [108-113]. Understanding the complex interplay of inflammatory chemokines, NF-k\beta, and importin in RCT could provide novel insights into therapeutic interventions to accelerate healing and mitigate fibrosis.

#### **Summary and Future Perspectives**

The role of karyopherins in the context of ECM remodeling in RCT is yet to be unveiled and underscores several intriguing avenues for future research. Further investigations are warranted to analyze the specific alterations in karyopherin expression and function in the context of RCT [113-116]. This may entail comparing the levels of importin and exportin subtypes in healthy tendons and RCT-affected tendons. A comprehensive understanding of karyopherin dysregulation would provide insights into the pathogenesis of RCT and potentially guide the development of targeted therapeutic interventions. Secondly, given the documented association between ECM remodeling and RCT, the scientific data regarding the involvement of karyopherins in the ECM homeostasis is missing. Karyopherins play a pivotal role in regulating the expression and activity of key mediators such as HIF-1 $\alpha$  [2], TGF- $\beta$  [3], and MMP-9 [4], which are recognized for their influence on ECM morphology. Hence, the detailed understanding regarding the role of karyopherins in ECM remodeling in RCT is beneficial in modulating the activity or expression of specific karyopherins to restore nucleo-cytoplasmic transport and ameliorate the pathological changes associated with RCT. This may encompass the development of small molecules or peptides designed to selectively target and regulate the function of karyopherins in the context of RCT. Finally, an in-depth understanding of the role of karyopherins in RCT may present opportunities for the development of diagnostic biomarkers. Through screening of specific karyopherin subtypes in patient specimens would pave the way to predict the individuals at risk of developing RCT, monitor disease progression,

and determine post-RCT prognosis. Consequently, further research is warranted to validate the utility of karyopherins as diagnostic markers and to establish their correlation with clinical parameters and outcomes. In conclusion, continued research on karyopherins, their subtypes, and implications in the pathophysiology of RCT holds significant promise for future investigations. These perspectives would contribute to an enhanced understanding of the molecular mechanisms underlying RCT and facilitate the development of targeted therapeutic interventions and diagnostic approaches for this debilitating condition.

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## **Conflict of Interest:**

All the authors have read the manuscript and declare no conflict of interest. No writing assistance was utilized in the production of this manuscript.

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CD, FT, and DKA – conceptualization, manuscript preparation, edits, proof reading, preparation of figures, formatting, and finalization of the article.

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