Case Report

Multiple Genitourinary Malformations Associated with Malformations of Other Organs – As a Rarity of Case Report

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Abstract

Congenital anomalies are not uncommon. Urogenital disorders can be isolated or associated with other malformations, but they are usually misdiagnosed at birth and found in physical examination or as urologic signs at adolescence. This case report presents a rare case of a 3-year-old female patient with multiple malformations including ectopic anus, crossed fused ectopic kidney, vaginal duplication, bladder...
duplication, and multiple organ malformations. Prenatal diagnosis, a detailed physical examination and early surgical treatment are particularly important for prevention of further complications. In this case report, the surgical approach was performed using the cutback technique for rectovaginal separation among other surgical procedures in order to achieve functionality.

**Keywords:** Malformations; Ectopic; Surgical; Urogenital

1. **Introduction**

Congenital anomalies are not uncommon disorders. In 2010 the World Health Organization (WHO) estimated about 7% neonatal deaths as being caused by congenital anomalies [1]. However, urogenital disorders are not usual findings in newborns and at the same time are usually misdiagnosed [2]. Female congenital urogenital anomalies incidence varies from 2-4% and is usually diagnosed in reproductive women [3]. Urogenital malformations can be isolated or associated with urinary tract malformations, skeletal malformations and gynecologic and obstetrical problems later in life [4]. Some of these anomalies are diagnosed by physical exam and others are discovered at puberty or menarche, or as a result of urologic signs and symptoms [5].

2. **Embryology**

The development of the urogenital systems occurs from the intermediate mesothelium of the peritoneal cavity and the endoderm of the urogenital sinus [2]. Paramesonephric ducts (Mullerian) develops: Fallopian tubes, uterus and cervix. Embryogenesis disorders of the vagina and uterus occurs at approximately 9 weeks of gestation involving a complete or partial failure at the moment of the fusion of the Mullerian ducts [6, 7]. The development of the vagina has its origin at the caudal part of the Wolffian and Mullerian ducts [8]. There is not a system to classify the urogenital abnormalities. The most common anomalies are problems with uterine fusion with an incidence of 90% of the cases for septate uteri, bicornate uteri 5% and double cervices with two separate vaginas known as didelphic uterus 5% 9. Another deformity is the double uteri with a single vagina called uterus duplex bicornis, or the two uteri fused with a single cervix and a single vagina (uterus duplex unicollis or bicornuate uterus).

The fetal kidneys start producing urine at 10 weeks of pregnancy. They can be observed on ultrasound as early as [9] weeks of gestation, for they later are the main contributors to the amniotic fluid [10]. The association between congenital malformations of the vagina and anomalies of the urinary systems is very common, with approximately one third of these patients having renal abnormalities [11, 12].

3. **Diagnosis**

Ultrasonic imaging of the fetus may play an important role due to the possibility to visualize the fetal urogenital tract antenatally [13]. Treatment modalities are wide according to the time of diagnosis. In developed countries there is a multidisciplinary team including perinatology, neonatology, pediatric urology and nursing. The broad spectrum of abnormalities that can be found in the urinary and genital tract lead to various general health and obstetrical conditions and implications, hence the importance of a timely diagnosis and early treatment [14].

4. **Case Presentation**

We have recently observed a 3-year-old, female patient with multiple genitourinary malformations and malformations of other organs. At the time of delivery,
the neonate was discovered to have an ectopic anus. Anus was located in the vaginal vestibulum and was presented with very hard feces and trouble to defecate. When she was 1-month old, multiple congenital anomalies were diagnosed and she was hospitalized.

Because of the coprostasis (the impaction of feces in the intestine), the perineal dissection of the ectopic anus by the cutback procedure was performed according to the A. Pena schedule, bougie dilation technique of anus using “Hegar Dilatators”.

![Figure 1: Double vaginal orifices.](image1)

At the age of 3, the child was admitted in our clinic. During physical examination, we found that she had two uteri and two cervices with two separate vaginas. She passed urine from both urethras inside vaginal openings. Cystoscopic examination under anesthesia revealed a normal vagina, urethra, ureteric orifice, and a small bladder on the left side. On the other hand, on the right side the vagina was normal and urethral opening was at the fornices of the vagina. On the left side normal vaginal orifice was found, while on the right side, the orificium vaginae was deep in the wall of vaginal fornix and it was incompetent (Figures 1, 2).

![Figure 2: Showing two vaginal openings (A, B), anus (C).](image2)
Pelvic ultrasound examination revealed bicornuate uterus (Figure 3).

Figure 3: Bicornate uterus.

Ultrasonic and urography examinations showed a complete bladder duplication, crossed fused ectopic kidney (ectopic left kidney that was crossed and fused with the right kidney), two ureters deriving from the fused kidney and terminated separately into the duplicated bladder. The kidneys were functioning properly. In addition, CT showed two fused spleens (Figure 4) and several skeletal abnormalities (spina bifida, hemivertebrae).

Figure 4: Serial CT examination, retrograde pyelography.
The diagnosis was confirmed by ultrasound, intravenous urography, retrograde pyelography, miction cystography, CT, scintigraphy and radioisotope renography (Figure 4). At age 3, both bladders were exposed and opened via a single transverse incision. The complete separating wall was excised to the bladder base, the remaining mucosa of the right urethra was stripped out, the mucosal defect was closed, and the resulting single bladder was drained. Three months after surgery the urinary functions appeared normal for her age. The girl is still object of surgical treatment and follow-up observation.

5. Discussion

Congenital kidney abnormalities are often associated with the urinary tract malformation, and there is a wide range of anomalies resulting from disorders in the development process. Developmental anomalies of the urinary tract affect 10 percent of the population, accounting for one third of all congenital malformations [6]. Over two thirds of those found to have renal anomalies have anomalies in other organ systems [6, 7].

Renal and extrarenal anomalies [8] are very common in renal ectopy. A 55% incidence of associated anomalies is reported in series of 378 cases of crossed fused renal ectopy [9]. In our case left kidney was crossed and fused with the right kidney. Because there is an increased incidence of renal anomalies (unilateral renal agenesis, pelvic or horseshoe kidneys, or irregularities in the collecting system), additional radiologic evaluation should be pursued in the setting of a congenital Müllerian anomaly. Disorders of sex development comprise a heterogeneous group of congenital conditions associated with atypical development of internal and external genitalia.

Congenital uterine anomalies arise owing to abnormal development of the Mullerian ducts during embryogenesis and have been associated with reduced fertility, miscarriage, preterm birth, and other adverse fetal outcomes. (M. Prior et al. 2018).

The most common anomalies of the uterus result from either: Incomplete fusion of the paramesonephric ducts, Incomplete dissolution of the midline fusion of those ducts and formation failures. Most common Anomalies are: Uterus didelphys represent two separate uterine bodies, each with its own cervix and attached fallopian tube and vagina. A bicornuate uterus with a rudimentary horn represents a fusion failure. Bicornuate uterus with or without double cervixes. Bicornuate and unicornuate uteri are associated with second-trimester pregnancy loss, malpresentation, and preterm labor and delivery. Septate uterus represents incomplete dissolution of the midline fusion of the paramesonephrica, 25% of women with uterine septa may suffer from recurrent first-trimester pregnancy loss. Unicornuate uterus represent failure of formation with normal karyotypic and phenotypic females + anomalies of the urinary system such as a horseshoe or pelvic kidney. Complex urogenital anomalies associated with imperforate anus, uterus didelphys represent two separate uterine bodies, each with its own cervix and attached fallopian tube and vagina (M. Prior et al. 2018). As to our knowledge, there have been no report published for this syndrome in Balkan’s region, and in literature. We consider that it would be of interest to report our case.

Knowledge of the correct genitourinary embryology is essential for the understanding, study, diagnosis and subsequent treatment of genital and other malformations, especially complex ones and those that
lead to gynecological and urinary malfunctions. Adequate management of any associated bladder dysfunction is essential to preserving renal function, minimizing risk of urinary tract infection, and potentially avoiding need for future reconstructive surgery. Vaginal duplication along with renal anomalies need multiple studies prior to surgical intervention because different anatomical versions might require different surgical procedures. Multidisciplinary approach involving the urologist, pediatric surgeon, neonatologists, endocrinologists, perinatologists, radiologist and the gynecologist with expertise in this field.

6. Conclusion
Errors in development can occur, from minor, clinically insignificant disorders to severe abnormalities that are devastating to the child and parents. In our unique case congenital abnormalities affected the external genitalia in combination with internal genital anomalies involving other organ systems. At the time of delivery, child was required immediate intervention due to the clinical obstructive anomalies, and clinically significant symptoms. In this complicated case, additional information can be obtained by further examination under anesthesia, (vaginoscopy, hysteroscopy and laparoscopy, and maybe another surgical intervention unless the child has reached reproductive age.

References
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