

Unexpected Elevation of Infection Parameters in a Heart Transplanted Patient with Chronic Kidney Disease: A Case Report

Kurzhausen JT¹, Roeder SS¹, Müller-Deile J^{1*}

Abstract

Patients with end-stage kidney disease are under an increased risk for morbidity and mortality due to cardiovascular reasons. Yet, patients might show only atypical symptoms during cardiac events and routinely performed pre-transplant diagnostic measures are discussed controversially. A heart transplanted 50-year-old male with end-stage kidney disease was assessed for kidney transplantation. Myocardial scintigraphy, chest x-ray, pulmonary function test, urological and gastrointestinal assessment showed normal results. A routinely performed blood test revealed elevated procalcitonin, C-reactive protein and leucocytes. Measured vital parameters and physical examination revealed no pathologies. Coughing, shortness of breath or chest pain were denied. CT-scan showed no signs of infection but lack of contrast media enhancement in the heart. Myocardial infarction was confirmed in electrocardiogram and transthoracic echocardiogram demonstrated an impaired ejection fraction of 20%. Treatment with anti-platelet medication and anticoagulation was followed by invasive heart catheterization, which revealed no acute stenosis but a dissolved in-stent thrombosis. Since kidney failure was progressing the patient required dialysis treatment. Microbiological analyses of blood and urine samples stayed negative. Chronic kidney disease patients are at increased cardiovascular risk. However, invasiveness of cardiac diagnostics for potential kidney transplant is debated controversially. KDIGO guideline 2020 advises non-invasive screening for coronary artery disease for asymptomatic patients at high risk. However, there is no specific guideline for previously heart transplanted candidates for kidney transplant and patients with high pretest probability benefit from invasive diagnostics. A risk stratification for cardiac complications and pre-kidney transplant evaluation should be executed in clinical practice.

Keywords: Complication; Coronary Artery Disease; Heart Transplant; Kidney Transplant; Invasive Screening; Non-Invasive Screening

Abbreviations: CAD- Coronary Artery Disease; CKD- Chronic Kidney Disease; CRP- C-Reactive Protein; CT- Computed Tomography; ECG- Electrocardiogram; EF- Ejection Fraction; ESRD- End-Stage Kidney Disease; KT- Kidney Transplant; PCT- Procalcitonin; STEMI- ST-Elevation Myocardial Infarction

Introduction

The immense increase in mortality of patients with end-stage kidney disease (ESRD) is mainly due to cardiovascular reasons [1]. Before potential kidney transplantation, non-invasive diagnostic workup is not validated and

Affiliation:

¹Department of Nephrology and Hypertension, Friedrich-Alexander University Erlangen-Nuremberg, Erlangen, Germany

*Corresponding Author

Janina Müller-Deile, Department of Nephrology and Hypertension, Friedrich-Alexander University Erlangen-Nuremberg, Erlangen, Germany.

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the current KDIGO guideline is discussed controversially [1]. In this paper, we describe the case of a previously heart transplanted male with chronic kidney disease (CKD) presenting a major complication during the pre-kidney transplant assessment phase. This rare case points out the need for individual cardiac diagnostic workup prior to KT based on specific risk and pretest probability. Additionally, we outline atypical symptoms, laboratory parameters and discuss the relevance of contrast-induced nephropathy.

Case Presentation

A 50-year-old heart transplanted male with CKD stage G4A3 was admitted for kidney transplant (KT) evaluation. Orthotopic heart transplantation had been performed 9 years earlier due to transposition of the great arteries. The etiologies of CKD were calcineurin inhibitor toxicity, cardio-renal syndrome and secondary focal segmental glomerular sclerosis. The patient was stable throughout the hospital stay and routine examinations were performed for evaluation as KT candidate, such as myocardial scintigraphy, chest x-ray, lung function test, urology, and gastrointestinal assessment which were all unremarkable. However, on the day of planned hospital discharge, elevated infection parameters including C-reactive protein (CRP), procalcitonin (PCT) as well as transaminases, creatine kinase and lactate dehydrogenase were detected (day 0, Table 1).

Interestingly, the patient had no fever, showed stable cardiovascular and respiratory conditions, clinical examination was unremarkable and urine assessment showed no sign for infection. The patient denied symptoms such as pain, coughing, shortness of breath and alguria. Urine and blood cultures were collected and sent out to microbiology. *Aerococcus urinae* was detected in the patient's urine while blood culture tests remained negative. Antibiotic treatment with intravenous piperacillin/tazobactam was initiated. Since infectious parameters were further increasing on the next day (day 1, table 1), a thoracic and abdominal contrast-enhanced CT-scan was performed to find the focus of infection. The CT-scan showed myocardial infarction in the left anterior descending artery territory, a new apical aneurysm and a left ventricular thrombus (Figure 1). Repeated electrocardiogram (ECG) recordings showed newly elevated ST segments (Figure 2).

Maximum Troponin levels were >125.000 pg/ml and creatine kinase >140 U/l. The ejection fraction (EF) decreased from >55% 4 days before to 25% in transthoracic echocardiogram. Treatment with aspirin and heparin was initiated immediately. Heart catheter was postponed because of the fear that contrast media would lead to CKD progression to ESRD and because myocardial infarction most likely ran its course some days before. However, even without further contrast media the patient required hemodialysis treatment

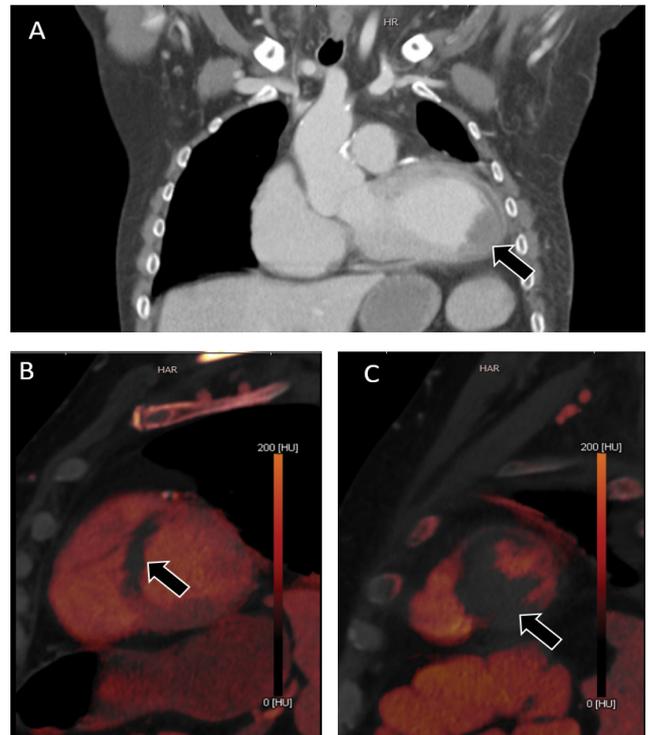


Figure 1: CT-scan. Representative images of the contrast-enhanced thoracic CT-scan. A Coronal image of the left ventricle revealing apical aneurysm and left ventricular thrombus (arrow). B and C Sagittal images of CT-based iodine imaging. The arrows depict hypoperfusion of the septal and apical myocardium.

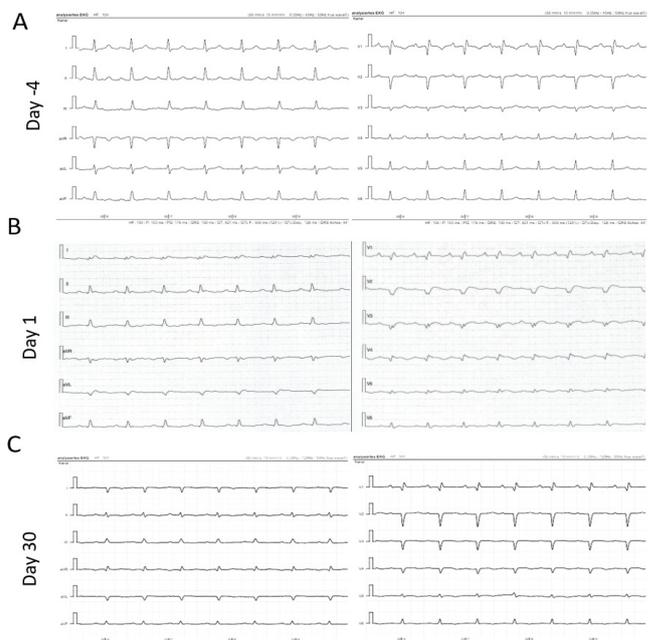


Figure 2: ECG. Three consecutive ECG recordings. A Routine ECG recording from 4 days prior to the event. B ECG recording performed immediately after the CT-scan revealing myocardial infarction. ST-segment elevation is present in leads I, II, aVL, V1-V5 (day 1). C Follow-up ECG recording 30 days after the event.

due to acute on chronic kidney injury because of impaired cardiac output. When heart catheter was finally performed, no stenosis but a potential former in-stent thrombosis was detected. A control echocardiography showed a slightly improved but still dramatically impaired EF of 30-35%. Upon hospital discharge, the patient still required dialysis treatment. Blood and urine cultures remained sterile.

Discussion and Conclusions

This case report has several teaching aspects: First, CKD is a major cardiovascular risk factor [1]. Therefore, prior to listing for KT patients with CKD often receive cardiac diagnostic workup which, however, is not validated for detection of coronary artery disease (CAD) in this population. Studies comparing invasive vs. non-invasive cardiac diagnostics prior to KT delivered controversial results and current pretransplant screening guidelines are only based on expert opinions [1]. Guidelines recommend non-invasive CAD screening for asymptomatic patients prior to listing for KT [2]. A meta-analysis found invasive coronary angiography and non-invasive measures to be comparable when detecting major adverse cardiac events. However, sensitivity and specificity were low for non-invasive diagnostics and a substantial number of people with negative test results went on to experience adverse cardiac events [3]. Therefore, in asymptomatic patients before and after KT, non-invasive diagnostics are not suitable to rule out CAD as all these tests do not have a sufficient likelihood ratio and no sufficient posttest probability can be achieved. Asymptomatic patients with high pretest probability should directly undergo angiography. For symptomatic patients coronary angiography is the first choice as well [4]. Regarding therapeutic approaches, coronary revascularization is not superior to optimal medical therapy in reducing mortality or major adverse cardiovascular events in waitlisted KT candidates with CAD [5].

Thus, more detailed algorithms based on risk stratification and therapy should be elaborated [6]. Second, CKD patients as well as heart transplanted patients may present with atypical symptoms when suffering from myocardial ischemia [7]. This calls for an increased awareness for more atypical signs such as abnormal laboratory findings. Third, elevation of infection parameters including PCT can be a sign of myocardial infarction in the absence of infection. PCT has been identified as an earlier marker than CK-MB and Troponin I, however, not necessarily correlating with the amount of myocardial tissue injury [8]. In patients with severe ST-elevation myocardial infarction (STEMI) and cardiogenic shock, PCT values are significantly increased [9]. Myocardial infarction leads to a sterile inflammation and reduced perfusion of the bowels can induce transient leakage of the intestinal barrier with transient bacteremia stimulating PCT and other infection parameters [8]. Fourth, whether contrast media causes AKI was lately called into question, even though CKD has been

identified as major risk factor. However, the risk of contrast-associated AKI has been overestimated in the past and there is a risk of underusing otherwise necessary interventions such as percutaneous coronary intervention. Potential lifesaving diagnostics and intervention should not be delayed because of a risk of AKI [10].

Acknowledgement

N/A

Conflicts of Interest

The authors have declared that no conflict of interest exists.

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